



CONFERENCE 2018



Ontario Society of
Occupational Therapists

October 19 & 20 • Richmond Hill, Ontario

www.osot.on.ca



Occupational therapists across Ontario share a passion for our profession and its future in the province's public and private health sectors. We know how much we have to offer to both promote health and well-being and to restore and enable our clients' occupations when health or social determinants create barriers. We know we add value and can promote cost efficiencies when we are able to work to our full scope of practice. And, we know that in working together to promote our profession, sharing our knowledge and skills and supporting each other, we can be stronger and more effective clinicians and leaders to advance our profession.

Conference 2018 has been expertly crafted to bring occupational therapist across Ontario together to celebrate our profession, to share and learn, to explore new opportunities, and to empower us all to ADVANCE! in our individual practices and as a profession as a whole.

Conference offers unique opportunities to network, to learn from both formal and informal leaders, to develop skills, explore new ideas, innovations and opportunities, and to consider new evidence and its relevance to our practice. We think you'll find there's lots to advance your journey to excellence. Consider the possibilities amongst:

- 31 workshop opportunities
- 22 poster presentations
- A professional leadership forum focused on advancing occupational therapy in seniors health & well-being
- 2 dynamic keynote speakers keen to challenge our perspectives & inspire our actions
- An exhibit hall of 40+ exhibiting partners
- Terrific opportunities for networking
- Unique Student/New Graduate focused programming

There's something for everyone! And...there'll be fun! Your conference registration includes everything you'll need – great learning, great food, handouts, parking – we're planning to serve you well and to support you to get away and have a terrific professional retreat!

We invite you to join us in this stellar learning experience that will reinforce your commitments to ADVANCE and further your journey to professional excellence, and leave you feeling renewed, inspired and engaged in our vibrant professional community. This is definitely a conference you don't want to miss.

Your OSOT Conference 2018 Planning Team,

Marika Beaumont BSc, OT Reg. (Ont.)

Chantel Brammer MScOT, OT Reg. (Ont.)

Melissa Monardo MScOT, OT Reg. (Ont.)

Marina Rezkalla MScOT, OT Reg. (Ont.)

Mandy Wong MScOT, OT Reg. (Ont.)

Victor Wu MScOT, OT Reg. (Ont.)

Tiziana Bontempo Manager Professional Practice

Christie Brenchley Executive Director



Ontario Society of
Occupational Therapists



Conference Keynote Speakers

Keynote presentations launch our Conference days and set the tone for the rest of the day. A good keynote challenges the audience to consider things from a different perspective with a goal to enrich the perspectives with which we view and approach our practice and our profession. We plan to leave you feeling invigorated and inspired to make the most of the learning opportunities ahead of you and to accept the challenge to ADVANCE your journey to excellence.

Friday 9:00 am – 10:00 am



Ben Fanelli

Creator Heroic Minds
Co-Founder EMPWR Foundation

Acceptance Breeds Resilience

Ben Fanelli is an ex Ontario Hockey League captain, brain injury survivor, philanthropist, and podcaster. He was a 16-year-old defenceman for the Ontario Hockey League's Kitchener Rangers who had reasonable aspirations of one day playing in the NHL. A routine puck retrieval spun Ben Fanelli's brain, and life, into an entirely new direction. What better way to launch our Conference than to hear the perspectives and insights of someone with lived experience of our health system, of occupational therapy, and of what it takes to "come back" after a devastating injury. Ben will share his story, his journey as a brain injury survivor and the inspiring way in which he has lived the title of his presentation – acceptance breeds resilience. The host of a successful podcast "Heroic Minds", Ben dives into the minds of people that have had to battle through immense amounts of adversity or deal with adversity on a daily basis...providing rich stories and life lessons pulled from the incredible guests he interviews and their heroic experiences. Be prepared to hear perspectives that can inform your practice, to be moved, and to be inspired by the experiences and achievements of those who may represent our clients... and for whom our theme to advance our journey to excellence is meant to serve.

Saturday 9:00 am – 10:00 am



Alex Mihailidis PhD, P.Eng

Barbara G. Stymiest Research Chair
in Rehab Technology
University of Toronto
Scientific Director, AGE-WELL
Professor, Department Occupational
Science and Occupational Therapy,
Institute of Biomaterials and
Biomedical Engineering
University of Toronto

Disrupting OT Practice – From Smart Homes to Robots

As Ontario occupational therapists commit to advance our practice, we do so in an environment and context that is also constantly advancing. Perhaps nowhere is this more evident than in the applied fields of technology. There has been significant research and development of new technologies that can support the health and wellness of people facing various forms of disability, whether due to disease, injury, or the aging process. Technologies have application to virtually every client group OTs may work with. Furthermore, occupational therapists are being seen more and more as the "gatekeepers" of these technologies which include new and advanced approaches such as wearable sensors, smart home systems, and personal robots. However, these new devices are not well utilized within OT practice for a variety of reasons including poor usability of some of these technologies, the inability to move these technologies from the research labs to the marketplace, and, perhaps most importantly, hesitation on the part of the field. In order to ensure that these future technologies are useful, new ways of thinking in both design and in OT practice are required. Disruption in the current OT and technology landscape is needed that will force the way that we think about the role of emerging technology to change. Alex's presentation will discuss the notion of disruptive technologies and how we are currently applying this concept in the design of our next generation of technologies for OT practice. This will include exploring the concept of being "disruptive", the types of technologies that may be disruptive in OT practice, and examples of how such technologies are currently being developed and used. We know you'll find this address challenging, intriguing and motivating! A perfect catalyst to fuel a commitment to ADVANCE!

Alex Mihailidis has been conducting research in the field of pervasive computing and intelligent systems in health for the past 15 years, with a specific focus on the development of intelligent home systems for elder care. The AGE-WELL Network of Centres of Excellence, focuses on the development of new technologies and services for older adults.



Opening Ceremonies

Friday 8:45 am – 9:00 am

We look forward to welcoming you to the **Sheraton Parkway Toronto North Hotel** and invite you join in festivities of the Conference Opening Ceremonies after enjoying a continental breakfast as colleagues from around the province arrive.

Celebrating the Journey – OSOT Awards & Recognition Luncheon

Friday 12:30 pm – 1:00 pm

Celebrate the journey and accomplishment of the Society over the past year and learn about directions and plans for 2018-19 as shared by **OSOT President Sylvia Davidson**. Join in as we recognize and honour our colleagues who are recipients of OSOT awards and who are inspiring exemplars of those advancing our profession. This celebration is included in your Conference registration.

OT Month Celebration 2018!

Exhibit Hall Reception

Friday 4:45 pm – 7:00 pm

October is Occupational Therapy Month, so let's celebrate and toast our profession together! This reception is a great opportunity to socialize with colleagues and network with vendors and exhibiting organizations as our Exhibit Hall opens. Reception refreshments will be served - included in your Conference registration. Plan to attend and toast our profession.

NEW THIS YEAR! OSOT Leadership Forum: A Vision for Enabling Aging Well in Ontario

Saturday 1:30 pm – 4:45 pm

What better opportunity to engage the wisdom and visions of our membership to advance our profession in strategic areas than at Conference? This year we introduce a Leadership Forum to engage Ontario occupational therapists in advancing our visions for enabling aging well in the province. This is a terrific opportunity to learn from others interested in seniors' health in the broadest sense of the term. Bring your voice, your perspectives, your experience and your visions and contribute to our actions to position occupational therapists as leaders in seniors' health and well-being!

[View details on page 18 \(5G/6G\)](#)

Friday Evening Social Event | 7:00 pm – 10:00 pm

Tickets: \$40.00 per person

Includes Muskoka inspired fare and a fun filled evening! Cash bar available. Guests welcome!

Murder in Muskoka! An evening of mystery, intrigue & fun!

Join us for a great evening of food, fun, and extreme bouts of laughter, as we attempt to solve the identity of a murderer. Who dunnit?! Led by professional actors and complete with costumes, we'll all feel that we are part of the action and right in the show! Whether you choose to participate as an actor, 'suspect' or simply be a witness to the investigation, you are sure to be laughing in your seat. There is no excuse to miss out on this fun night, as it will conveniently be taking place in the Sheraton itself, just steps away from the Exhibit Hall.



Join us for a great evening of ... food, fun and laughter!

ADVANCE!*Journey to Excellence**Agenda ... at a glance***FRIDAY, October 19**

- 8:00 am - 8:45 am **Breakfast & Registration**
- 8:45 am - 9:00 am **Opening Ceremonies & Welcome**
- 9:00 am - 10:00 am **Keynote Speaker | Ben Fanelli**
Acceptance Breeds Resilience
- 10:00 am - 10:30 am **Networking & Refreshment Break**
- 10:30 am - 12:00 pm **MORNING WORKSHOPS 1A – 1G**
- 1A** Solution Focused Coaching & Client-Centred Goal Development
- 1B** Psychotherapy Supervision & OT – Pioneering New Ground for the Future
- 1C** Pelvic Health – An Emerging Opportunity for Occupational Therapists
- 1D** Ontario's New Autism Program – Where do OTs Fit?
- 1E** Don't Forget to Look at the Bed! Clinical Considerations for Support Surfaces
- 1F** Feeding Success With the Reluctant Eater – An Interprofessional Feeding Group Approach
- 1G** Understanding, Evaluating and Justifying Your Prescription of Seating & Mobility Systems *This workshop continues at 1:30 pm (2G)*
- 12:00 pm - 1:00 pm **OSOT Awards & Recognition Luncheon**
- 1:00 pm - 1:30 pm **Poster Viewing**
- 1:30 pm - 3:00 pm **AFTERNOON WORKSHOPS 2A – 2G**
- 2A** Makers Making Change *This workshop continues at 3:15 pm (3A)*
- 2B** Advancing OT Practice of Psychotherapy *This workshop continues at 3:15 pm (3B)*
- 2C** Occupational Therapy Economic Evaluations – You Have the Skills *This workshop continues at 3:15 pm (3C)*
- 2D** Applied Behavioural Analysis, Autism & OT – Finding the Fit
- 2E** Failure-Free Activities for Behaviour Management in Dementia – Convincing Non-OTs
- 2F** Closing Gaps in Paediatric Practice Through Role Emerging Fieldwork
- 2G** Understanding, Evaluating and Justifying Your Prescription of Seating & Mobility Systems *This workshop continues at 3:15 pm (3G)*
- 3:00 pm - 3:15 pm **Networking & Refreshment Break**
- 3:00 pm - 5:00 pm **Students: 'Exploration of the Exhibit Hall' – Scavenger Hunt**
- 3:15 pm - 4:45 pm **AFTERNOON WORKSHOPS 3A – 3G**
- 3A** Makers Making Change *(2A – continued)*
- 3B** Advancing OT Practice of Psychotherapy *(2B – continued)*
- 3C** Occupational Therapy Economic Evaluations – You Have the Skills *(2C – continued)*
- 3D** Interprofessional Collaboration with Services in the Ontario Autism Program
- 3E** An Occupational Therapy Perspective on Managing Responsive Behaviours in the Hospital Setting
- 3F** Self-Regulation, Yoga & Changing Paediatric Supports
- 3G** Understanding, Evaluating and Justifying Your Prescription of Seating & Mobility Systems *(1G & 2G – continued)*
- 4:45 pm - 7:00 pm **OT Month Celebration 2018 – Exhibit Hall Reception & Poster Viewing**
- 7:00 pm - 10:00 pm **Friday Evening Social Event | Murder in Muskoka!**

SATURDAY, October 20

- 8:00 am - 8:45 am **Breakfast & Poster Viewing in Exhibit Hall**
- 8:45 am - 9:00 am **Welcome**
- 9:00 am - 10:00 am **Keynote Speakers | Alex Mihailidis**
Disrupting OT practice – From Smart Homes to Robots
- 10:00 am - 10:30 am **Networking, Refreshment Break, Poster Viewing in Exhibit Hall**
- 10:30 am - 12:00 pm **MORNING WORKSHOPS 4A – 4F**
- 4A** Championing the Movement to Advance Occupational Therapy As An Essential Healthcare Solution in Ontario
- 4B** OMG – I've Just Been Called to Testify – Expert Witness Advice From the Experts
- 4C** Discretionary Reporting – What Do OTs in Ontario Need to Know?
- 4D** Integrated Rehabilitation Services for Children and Youth with Special Needs
- 4E** Cognitive Adaptation Training (CAT) – Is it Relevant to Occupational Therapy?
- 4F** Students & New Graduates – Speed Mentoring ... A Fun Way to Learn!
- 12:00 pm - 1:30 pm **Lunch in Exhibit Hall & Final Poster Viewing**
- 1:30 pm - 3:00 pm **AFTERNOON WORKSHOPS 5A – 5G**
- 5A** Beyond Health Literacy – Integrating Self-Management into OT Practice and Service *This workshop continues at 3:15 pm (6A)*
- 5B** Get Caught Up On Everything Auto!
- 5C** Promoting Occupational Therapy in Workplace Mental Health
- 5D** Tiered Service Delivery Models for Needs Based OT Services *This workshop continues at 3:15 pm (6D)*
- 5E** Poverty & Homelessness – Defining the Role of OT and Identifying Approaches for Practice *This workshop continues at 3:15 pm (6E)*
- 5F** Preparing for the OT Workforce – You've Graduated, Now What? *This workshop continues at 3:15 pm (6F)*
- 5G** OSOT Leadership Forum – A Vision for Enabling Aging Well in Ontario *This workshop continues at 3:15 pm (6G)*
- 3:00 pm - 3:15 pm **Networking & Refreshment Break**
- 3:15 pm - 4:45 pm **AFTERNOON WORKSHOPS 6A – 6G**
- 6A** Beyond Health Literacy – Integrating Self-Management into OT Practice and Service *(5A – continued)*
- 6B** Leading Case Law – Underscoring the Compelling Role for OT in Accident Benefit Matters
- 6C** Work Disability Prevention – A Primer for Occupational Therapists
- 6D** Tiered Service Delivery Models for Needs Based OT Services *(5D – continued)*
- 6E** Poverty & Homelessness – Defining the Role of OT and Identifying Approaches for Practice *(5E – continued)*
- 6F** Preparing for the OT Workforce *(5F – continued)*
- 6G** OSOT Leadership Forum – A Vision for Enabling Aging Well in Ontario *(5G – continued)*
- 4:45 pm - 5:00 pm **Closing Ceremonies | Lucky Draw/Prizes**

ADVANCE!*Journey to Excellence**Students & New Graduates***On Friday ...****3:00 pm - 5:00 pm****"Exploration of the Exhibit Hall" – Scavenger Hunt***** FREE for OSOT Student Members!**

Join your classmates along with 40 exhibitors in the Conference exhibit hall. Use this time to network and engage with the many exhibitors who are an integral part of Conference and critical partners to the work of many OTs. Partake in the **Exhibit Hall Scavenger Hunt** – traveling from one booth to the next to answer a skill testing question from each exhibitor. There will be prizes!

There is no registration required for this Conference event – it's complimentary! Watch for email communications in September promoting the event, travel suggestions, etc.

7:00 pm - 10:00 pm

Stay and enjoy an evening with your OT colleagues for our fun Social Event at the Sheraton Hotel. Enjoy food, fun, and laughter as together we experience a **Mystery Night ... Murder in Muskoka!** This is a ticketed event but the whole evening is just \$40.00!
See page 4 for details.

We're pleased to offer special New Graduate/Student programming targeted to meet your needs!

We look forward to welcoming all students and new graduates to Conference 2018! We understand that your conference and professional development needs may differ from a practicing clinician, as such we're pleased to offer you some unique and exciting learning opportunities!

On Saturday...**10:30 am - 12:00 pm****Speed Mentoring – a Fun Way to Learn!**

An excellent opportunity to connect with experts and clinicians in the field and learn about OT practice and the diversity of potential career paths. The session provides an interactive experience for you as the mentee – whereby you can connect face to face with various OTs from across practice sectors. *View details on page 14 (4F)*

1:30 pm - 4:45 pm**New Grad Panel – You've Graduated...Now What?**

Our panel of experienced and new graduate OTs will have invaluable advice to share as you make the leap from student to clinician. Be inspired by their personal journeys of trials and success. *View details on page 17 (5F/6F)*

Student/New Graduate Special Program – Only \$95.00 for the full day! Fee includes breakfast in the exhibit hall, keynote address, special Student/New Graduate program, lunch, am/pm nutrition breaks, exhibit hall access, poster viewing and connecting with poster authors, networking with OTs throughout the day, and closing ceremonies.

PLEASE NOTE: In place of attending this special New Graduate/Student Stream you may choose to attend regular Conference workshops on either Friday or Saturday ... or both! In these cases, see the New Graduate/Student early bird and regular rates for one or two day Conference registration. *See page 21 for all fee options.*

Not a Student Member?*** An OSOT Student Membership is Complimentary!**

Join now by [CLICKING HERE](#) so you can take advantage of this complimentary exhibit hall experience and Student Member pricing for all other Conference sessions.

ADVANCE!*Journey to Excellence***CLICK HERE**
for more information or to
review all poster abstracts

Poster Presentations

Complement Your Learning Experience!

Poster authors will be present to discuss their posters during a portion of the following times:

FRIDAY 1:00 pm - 1:30 pm | 5:30 pm - 6:30 pm

SATURDAY 10:00 am - 10:30 am | 12:30 pm - 1:30 pm

Assistive Technology Accommodations for Post-Secondary Students with Mental Health Disabilities

Sarah Ko MSc(OT)

Linda Petty MSc(OT) Reg. (Ont.)

Science, Technology and Innovation Governance & Occupational Therapy – Perspectives of Occupational Therapy Assistants

Tsing-Yee Emily Chai BCR, OT (Student)

Employment Supports for Youth

Chelsea Tidd MSc(OT), OT Reg. (Ont.)

Christine Newbigging MSc(OT), OT Reg. (Ont.)

Developing a Cognitive Group Intervention for Acquired Brain Injury Rehab

Nathalie Paananen MSc(OT), OT Reg. (Ont.)

Brianna Bourne MSc OT, OT Reg. (Ont.)

Michelle Dilauro MSc OT, OT Reg. (Ont.)

Liz Harrison MSc OT, OT Reg. (Ont.)

Colleen Kuhlmann MSc OT, OT Reg. (Ont.)

Virginia So MSc OT, OT Reg. (Ont.)

Nykema Wright MSc OT, OT Reg. (Ont.)

Anna Yuen BSc OT, OT Reg. (Ont.)

Occupational Therapy Management Strategies for Infants with Neonatal Abstinence Syndrome

Samantha Oostlander MSc OT (Student)

Jill Falla MSc OT (Student)

Sandra Fucile MD, PhD, OT Reg. (Ont.)

Empowering Immigrants to Access Healthcare Services – A Health Literacy Program

Setareh Ghahari PhD, MSc(OT), BSc, OT Reg. (Ont.)

Shawna Burnett BA (Hons)

Fieldwork Placements in Developing Countries for Occupational Therapy Students

Leslie Hopkins MSc OT (Student)

Art and Spinal Cord Injury – Exploring and Evaluating Therapeutic Potential

Ka Yee Kwan MSc(OT)

Ramsha Khan MSc(OT)

Investigating Children with Medical Complexity's Feeding Performance – The Caregiver's Perspective

Shirin Ataollahi-Eshqoor BSc (Hons), MSc OT (Student)

Mairi McGuire BA, MSc OT (Student)

Nora Fayed PhD, BSc (Hons), MSc(OT)

Phyllis Turner MSc(OT) Reg. (Ont.)

Current Fieldwork Preceptorship Challenges in occupational Therapy – A Scoping Review

Michael Ravenek PhD, OT Reg. (Ont.)

Katrina Martin MSc OT (Student)

Melissa Ververs MSc OT (Student)

Justin Desroches MSc OT (Student)

Karol Nega MSc OT (Student)

Dylan Menezes MSc OT (Student)

Developing a Chronic Pain Intake Information Group in an Inter-professional Pain and Addiction Recovery Clinic

Laura Stanley MSc(OT), OT Reg. (Ont.)

Nicole Bartlett MSc(OT), OT Reg. (Ont.)

Andrea Blair BAH

Denise Delgado RN

Roshina Babaei-Rad RPh, BScPhm, PharmD

Andrew J. Smith MDCM

Scoping Review of Community Integration Assessment Tools

Katie Ng MSc OT (Student)

Brittany Ryan MSc OT (Student)

Shahriar Parvaneh PhD, MSc(OT)

Organizational Evolution – An Opportunity to Achieve Mental Health Knowledge Transfer

Anna Zaffina BMR (OT), MSc(OT), OT Reg. (Ont.)

Vivian Sapirman MD, FRCP(C)

Negotiating Competing Occupational Identities of Caregiver and Performing Arts Worker

Jasmine Forbes MSc OT

Maya Stein MSc OT

Jane David MSc OT, OT Reg. (Ont.)

Hanna Wolf BA (Hons)

Indigenous Occupational Meanings of Tobacco Use – Toward Program Development

Syeda Hassany MSc OT (Student)

Maryam Shahzad MSc OT (Student)

Jane Davis MSc(OT), OT Reg. (Ont.)

Dawn Maracle MEd, Bed, BA (Hons)

Cognitive Stimulation Tool Kit – A Cost Effective Solution for Seniors

Amy Holly MSc(OT), OT Reg. (Ont.)

Fatima Nabbouh MSc OT (Student)

"I Don't Have a Problem" – How to Engage Seniors in Their Mental Health Care

Jessica Lam BSc OT

Mental Health Safe Spaces – Addressing Health Inequities for Marginalized Communities

Rebecca Evans MSc OT (Student)

Caitlin Ross MSc OT (Student)

Fiona Wilson MSc, CPRP

Claire Kisilnsky BA, BSc, MHS, RSW

Valerie Sadler M.Ed.

Susan Strong PhD, OT Reg. (Ont.) (C)

Access to Occupational Therapy in Youth Corrections – An Environmental Scan

Munema Moiz MSc OT (Student)

Tavia Bond MSc OT (Student)

Allison Breadner MSc OT (Student)

Alisha Johnson MSc OT (Student)

Megan Reddick MSc OT (Student)

Donna Dennis MA, OT Reg. (Ont.)

Occupational Therapy in Post-Secondary Settings – Where Health and Education Collide

Ashley Kirk MSc(OT), OT Reg. (Ont.)

Jillian McWhinnie MSc(OT), OT Reg. (Ont.)

Laura Turner BHSc (OT), OT Reg. (Ont.)

Promotion of Occupational Therapy Online

Angelique Micallef Courts OTR/L, OT Reg. (Ont.)

The OSOT Research Fund – Supporting Occupational Therapy Research in Ontario

Ontario Society of Occupational Therapists



1A - 1G

10:30 am - 12:00 pm

Friday Morning Workshops

1A Solution Focused Coaching & Client-Centred Goal Development

Heather McGrath MSW, RSW

Marika Beaumont MHS, OT Reg. (Ont.)

Solution Focused Coaching is a technique being utilized in developing client and family centred goals and treatment plans. Solution Focused Coaching is client oriented, process oriented, goal oriented and ecologically oriented. Developing these techniques can support your discussions with clients of all ages and in any interaction. Participants will have the opportunity to learn the basic strategies and to practice scenarios with their colleagues. The Canadian Occupational Performance Measure can be utilized easily as an outcome measure when used with Solution Focused Coaching and will be briefly explored in this session as well. **OBJECTIVES:** Participants will understand the core concepts of solution focused coaching; practice some of the basic communication techniques; understand the link between SFC and the COPM for developing client determined goals and priorities.

1B Psychotherapy Supervision & Occupational Therapy – Pioneering New Ground for the Future

Lisa Detwiler OT Reg. (Ont.), RP - Homewood Health Centre

Gita Lakhanpal MES, OT Reg. (Ont.), RP - Reitman Centre, Mt. Sinai Hospital

Gord Hirano MSc, BHSc OT, OT Reg. (Ont.) - Hamilton Program for Schizophrenia

Occupational therapists have traditionally sought out supervision from other psychotherapy professionals rather than from OT psychotherapy supervisors. A recent training course for OT supervisors provided a trans-theoretical approach to OT supervision, taking into account evidence-based universal principles of effective psychotherapy and supervision. An occupational therapy frame of reference for trans-theoretical psychotherapy supported the OT supervisors in learning how to provide psychotherapy supervision with an occupational therapy lens. The focus of this workshop is on best practice standards for psychotherapy supervision, and some of the opportunities and challenges that this presents for our profession. Eight occupational therapists in Ontario, who recently trained as supervisors of psychotherapy, are currently pioneering new ground in the landscape of psychotherapy supervision as it pertains specifically for OT. The graduates of the OSOT Psychotherapy Supervision Training have trained and received supervision in a diverse range of therapeutic methods. **OBJECTIVES:** Presenters will: Describe the scope of the training program that was completed and how it complies with evidenced based practice; discuss the evidence for psychotherapy supervision and how supervision can enhance patient outcomes; provide an update on the current qualitative research that has been started about psychotherapy supervision specifically for OT and the impact of psychotherapy supervision on OT. Participants will be able to apply what they learn in this workshop about psychotherapy supervision to their practice development planning in psychotherapy.

1C Pelvic Health – An Emerging Opportunity for Occupational Therapists

Lara Desrosiers MSc OT, BSc Kin., OT Reg. (Ont.) - Self-Employed at Pelvic Resilience

Pelvic Floor Dysfunction is incredibly common. The lived experience can be complex and the impact, pervasive. Basic bodily functions are disrupted which has a ripple effect to day-to-day routines, habits, roles, sexual health and relationships. This can lead to preoccupation with symptoms, depression, anxiety, grief, anger, struggles with body image, and trauma. There has been a trend towards improving awareness of and access to treatment for pelvic floor dysfunction. In Ontario, OTs do not provide internal evaluation and treatment of the pelvic floor structures. However, emerging research continues to identify the need for a functional and biopsychosocial approach inherent to OT practice. Internationally, a growing number of OTs are looking for ways to improve access to more holistic, evidence-based care for pelvic floor dysfunction. **OBJECTIVES:** Participants will learn about pelvic floor dysfunction and its prevalence; gain comfort with and strategies for talking to current clients about their pelvic health; develop an understanding of why a biopsychosocial approach to treating pelvic floor dysfunction is warranted and why OTs are well suited to provide this model of care; broaden their perspective of the types of interventions that could be beneficial for individuals experiencing pelvic floor dysfunction beyond internal examination and treatment and take away knowledge of continuing education opportunities that could help OTs to address pelvic health issues more comfortably and more directly in their current practice.

1D Ontario's New Autism Program – Where Do OTs Fit?

Ministry of Children, Community and Social Services – invited

Debra Kennedy BSc OT, OSOT Representative to Ontario Autism Program Advisory Committee

Ontario is transforming the way children and youth with Autism Spectrum Disorder (ASD), and their families, receive services through the Ontario Autism Program (OAP). Families began to enter the OAP in June 2017. The vision of the OAP is to give children and youth with ASD access to the timely and effective services they need to achieve their goals at home, at school, in the community, and as they transition into adulthood, providing all families of children and youth with ASD with flexible, family-centred services based on each child's unique needs. This workshop will provide an overview of the new OAP, implementation status to date and ongoing plans and the role for occupational therapists in interprofessional collaboration with other OAP team members including ABA professionals, speech language pathologists, teachers, and families. **OBJECTIVES:** Participants will understand the goals, structure and operation of the new Ontario Autism Program and have opportunity to explore roles for occupational therapists within the new program.



1A - 1G *continued*

10:30 am - 12:00 pm

Friday Morning Workshops

1E **Don't Forget to Look at the Bed! Clinical Considerations for Support Surfaces**

Brenlee Mogul-Rotman OT Reg. (Ont.) - Permobil Canada

This presentation is geared to provide information about Bed Support Surfaces, what they are, how to talk about them and how to provide them to clients. The session will outline the Best Practice Guidelines around team work necessary when utilizing Support Surfaces for the bed. Terminology and definitions for Support Surfaces will be reviewed. Uses for pressure injury prevention and treatment, pain and functional issues will be outlined with product features and clinical considerations that will enhance outcomes for client use. Both powered and non-powered surfaces will be described, and features outlined matching clinical needs and goals of clients. There will be a portion of the workshop used for interactive group discussion in regards to client case studies and matching clinical presentation to surface features and benefits. Most of our wheelchair users will require bed support surfaces as well so, don't forget to check the bed! Quality of life and participation is our most important goal for our patients. **OBJECTIVES:** At the end of the session, participants will be able to: State the differences between powered and non-powered surfaces and at least 2 types/models of each; match at least 3 surface features to 3 client needs/goals; list at least 3 risk factors to developing a pressure injury and 3 features of surfaces to reduce these risks.

1F **Feeding Success With the Reluctant Eater – An Interprofessional Feeding Group Approach**

Carrie Owen OT Reg. (Ont.) - Children's Hospital of Eastern Ontario

Feeding difficulties affect an estimated 25% - 35% of normally developing children. In order to prevent ensuing long-term impairments, clinicians emphasize the need for timely treatment. While multidisciplinary assessment and treatment is often recommended and parent training is also encouraged, existing literature on programs combining both approaches is scarce. To reduce patient wait time, the Children's Hospital of Eastern Ontario (CHEO) developed an interprofessional group (IG) program offered to families on the waiting list. As part of a preliminary study, a group of 29 children (mean age of 26 + 8.2 months) and their families attended four weekly group sessions and a one-month follow-up. Parents completed the Behavioural Paediatrics Feeding Assessment Scale (BPFAS) pre and post treatment. Paired t-tests found composite scores for frequency of feeding difficulties and parental problems to be significantly lower post treatment ($p = 0.01$ and $p = 0.09$, respectively); thus, establishing the IG approach as an effective modality for children with feeding challenges. A follow-up study was then conducted to document parents' perception of the IG service delivery model. The Measuring Process of Care (MPOC) – 20 was used to evaluate their satisfaction with the care they received ($n = 5.1$ to 5.9), demonstrating that, in addition to being effective, the CHEO IG program provides quality family-centred care. **OBJECTIVES:** To enhance knowledge as it related to children with feeding challenges, promote an effective service delivery model that targets this patient population, and review the evaluation of CHEO's interprofessional group approach for children with feeding challenges.

1G *This workshop continues at 1:30 pm (2G) & at 3:15 pm (3G)*

Understanding, Evaluating and Justifying Your Prescription of Seating and Mobility Systems

Sheila Buck BSc OT, OT Reg. (Ont.) - Therapy NOW! Inc.

Practice focused on assessing and meeting clients' seating and mobility needs is increasingly complex. Clients with chronic disease are living longer, technology continues to advance options to meet needs, funders expect practice excellence. This full day workshop aims to support clinicians to refresh and advance their skills in assessment for and prescription of systems that support client seating and mobility needs. In addition to theoretical components, participants will have opportunity to observe and practice assessment skills and to view solution options discussed with our workshop vendor partners. **OBJECTIVES:** This workshop will facilitate participants': Review and understanding of current theories of seating and mobility; understanding of the need for a M.A.T. Assessment; review and understanding of the use of seating simulation; consideration and understanding of 3 point positioning and line of force; consideration of pressure management and postural control elements of seating; understanding of how to utilize assessment data for product parameter determination; consideration of client centre of mass and wheelchair centre of gravity set up; understanding the physics of propulsion techniques; awareness of new products/systems available to address seating and mobility needs.

Allied Health Professional Development Fund

REMINDER! You may be eligible for reimbursement of your 2018 Conference registration fees!

Registered Ontario occupational therapists may make application to the:

ALLIED HEALTH PROFESSIONAL DEVELOPMENT FUND

for potential reimbursement.

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2A - 2G

1:30 pm - 3:00 pm

Friday Afternoon Workshops

2A *This workshop continues at 3:15 pm (3A)*

Makers Making Change – Introduction to “Maker Skills”

Stewart Russell Regional Manager - Makers Making Change

Eighty percent of people living with a disability use some kind of aid or assistive device on a daily basis to increase their independence. However, the cost of many assistive technologies can be prohibitively expensive, and for those who do not have 3rd party coverage, they may not be able to acquire the assistive devices they need to fully participate in our communities. This workshop offers OTs the opportunity to get to know the Neil Squire Foundation's Makers Making Change program both as a resource and as a means through which to develop their own “maker” skills to create affordable open source assistive technologies. Understanding and engaging with the tools and technology of maker culture gives disability professionals a broader skill base to draw on in order to better serve and connect their clients to devices, technology and services. Learn new skills like soldering to create a switch input, toy hacking to modify a standard on/off switch to be more accessible, and 3D modelling and printing in a true hands-on workshop format! **OBJECTIVES:** Participants will understand what “maker culture” is and will learn “maker skills” to expand their practice. Participants will also learn how Makers Making Change's online network and Open Source Assistive Device Library can support OTs and their clients to access low cost community built Assistive Devices through engaging maker volunteers in their community.

2B *This workshop continues at 3:15 pm (3B)*

Advancing OT Practice of Psychotherapy

Sandra Carter OT Reg. (Ont.), Practice Resource Liaison - College of Occupational Therapists of Ontario

Panel of OTs - TBA

The proclamation of the controlled act of psychotherapy early this year establishes occupational therapists as providers of psychotherapy services – even those services that fall under the definition of the controlled act. This workshop will explore the opportunities for occupational therapists to advance their use of psychotherapy approaches in a wide variety of practice applications, assisting participants to identify how practice standards of the College of Occupational Therapists of Ontario apply and when their practice does or does not fall under the authority of the controlled act. In the context of the province's priority attention to mental health services and new policy and funding developments such as structured psychotherapy for anxiety and depressive disorders, OTs attention to how best to position their psychotherapy skills and unique occupation-based focus can be both strategic and timely. **OBJECTIVES:** Participants will explore different applications of psychotherapy in OT practice from a panel of colleagues; understand the definition of the controlled act of psychotherapy and when OT practice does or does not fall within this definition; and be able to see how the COTO Standards of Practice for Psychotherapy apply to their practice.

2C *This workshop continues at 3:15 pm (3C)*

Occupational Therapy Economic Evaluations – You Have the Skills

Andrea Duncan BSc OT, MBA, OT Reg. (Ont.) - University of Toronto

As occupational therapists we are comfortable discussing clinical effectiveness of our own treatment interventions. However, in today's funding climate, it is no longer sufficient to be able to speak to clinical effectiveness alone. With finite health care dollars, and rising health care demands, never has it been more important for occupational therapists to be able to demonstrate the financial implications of the work we do. Many of us shy away from financial discussions, fearing we don't have the knowledge and skills to participate. It's time for our knowledge of traditional health economic evaluations. We need to become advocates for including our intervention in ongoing system level economic evaluations. We need to generate our own economic evaluations and share them with policy makers and funders. This exciting and interactive workshop will introduce participants to typical economic evaluations and show how these can be applied to OT. Participants will gain hands on skills in how to apply these evaluations to their own practice context. Come with questions. Leave with an agenda to make change! **OBJECTIVES:** Participants in this workshop will understand the definition of economic evaluations, such as cost benefit analysis or cost effectiveness analysis; appreciate how economic evaluations are applied in research, policy development and health care utilization planning; analyze ways to incorporate economic evaluations into their own areas of practice.

2D **Applied Behavioural Analysis, Autism & OT – Finding the Fit**

Christie Welch PhD (Student), OT Reg. (Ont.) - Holland Bloorview Kids Rehabilitation Hospital/University of Toronto

This workshop will explore applied behaviour analysis, from an occupational therapy perspective. It will begin with discussions of theoretical and philosophical similarities and differences between ABA and occupational therapy, with a focus on autism intervention. We will then move into practice implications with video analysis, group discussion and case-based learning. Applications will be explored in relation to clients of any age with ASD. Aimed at clinicians who have clients of any age with ASD, this workshop may also be useful to team leaders and case managers. **OBJECTIVES:** Participants will gain better understanding of the science of ABA: its primary objectives, underlying philosophy and key terms; will explore how their own guiding principles align with and diverge from those of ABA, based on their new understanding of ABA; will increase their readiness to work alongside ABA practitioners and may develop readiness to incorporate select ABA principles into their own practice.



2A - 2G continued

1:30 pm - 3:00 pm

Friday Afternoon Workshops

2E Failure-Free Activities for Behaviour Management in Dementia – Convincing Non-OTs

Jessica Lam BSc OT - Geriatric Psychiatry Community Services of Ottawa

Meaningful activity is synonymous with our profession of occupational therapy. Persons with dementia are particularly at risk of “not doing” and increased frequency and intensity of behaviours related to activity mis-match (over-, under- and missed engagement). Occupational therapists are generally not part of Adult Day Program services or program planning however a recent pilot project in Ottawa demonstrated the need to include education and implementation support that specifically addressed activity adaptation to community support staff in order to address the management of responsive behaviours in dementia. This workshop will address both the challenges of teaching activity adaption via the Functional Assessment Staging Tool (FAST) and Pool Activity Level (PAL) Instrument as well as the change management process for a capacity building Behavioural Supports community pilot project for persons with dementia presenting with responsive behaviours. Over a 7 month period, four Adult Day Programs in Ottawa collaborated with a Psychogeriatric Resource Consultant (an occupational therapist) in an educational program. Each Day Program was provided with: an individual organizational learning needs assessment, 7 hours of education to program staff/volunteers, monthly Psychogeriatric Resource Consultant on and off-site support as well as monthly meetings with all four site “Champions”. Organizational change strategies involved the use of the Behavioural Supports Ontario (BSO) Knowledge to Practice Process Framework (Ryan et al, 2013). Learning objectives and outcomes included increased staff understanding of reasons behind behaviours, strategies to manage or prevent responsive behaviours, staff empowerment to adapt activities and programming and finally, increased staff confidence in managing behaviours. **OBJECTIVES:** Participants will examine occupational therapists’ skills in teaching Reisberg’s dementia Functional Assessment Staging Tool (FAST) and activity adaptation via the Pool Activity Levels (PAL) to non-health care providers; evaluate the use of a dementia-specific ADP intake assessment form and Life History to address behaviours in dementia; demonstrate how occupational therapists can utilize the BSO Knowledge to Practice Process Framework to facilitate capacity building and improve services offered by a community support organization.

2F Closing Gaps in Paediatric Practice Through Role Emerging Fieldwork

Donna Dennis MA, OT Reg. (Ont.) - University of Western Ontario

Advocating for access of Ontarians to occupational therapy services is a responsibility and role we each share as occupational therapists. We also share a role of educating our own, often carried out through provision of clinical supervision in fieldwork positions. These two roles blend together elegantly and strategically by assuming roles as supervisors for role emerging fieldwork placements. This session will discuss key paediatric service areas where significant gaps in access to occupational therapy exist, as evidenced by two recent student-driven environmental scans of community organizations largely in Southwestern Ontario. Community-based child and youth mental health as well as youth correction organizations were identified as having extremely limited, or an absence of access to occupational therapy. Addressing “behaviour” challenges in children and youth, is also being scrutinized such as through the HPRAC consultation on the regulation of Applied Behavioural Analysis. System changes including the proclamation of psychotherapy, and the Ontario Special Needs Strategy as well as the Ontario Autism Program restructuring may lead to opportunities for emerging and enhanced roles for occupational therapists on the horizon. This workshop explores practical ways of becoming agents of change. Resources, tools and strategies will be shared to enable this change. The use of role emerging fieldwork placements will be discussed as one avenue of education of others as well as future OTs, advocacy for services and advancing practice. **OBJECTIVES:** Participants will be given evidence from two research projects exploring the role of OT through scoping reviews of the literature and measuring the gaps in access to occupational therapy services through environmental scans of child and youth mental health as well as youth corrections organizations. They will learn about the role emerging fieldwork supervision as an avenue of becoming agents of change and advocacy for occupational therapy and about the OSOT Child and Youth Mental Health Team as a potential networking and supportive resource for clinicians.

2G *Continued from (1G) — This workshop continues at 3:15 pm (3G)*

Understanding, Evaluating and Justifying Your Prescription of Seating & Mobility Systems



3A - 3G

3:15 pm - 4:45 pm

3A *Continued from (2A)*

Makers Making Change – Introduction to “Maker Skills”

3B *Continued from (2B)*

Advancing OT Practice of Psychotherapy

3C *Continued from (2C)*

Occupational Therapy Economic Evaluations – You Have the Skills

3D **Interprofessional Collaboration with Services in the Ontario Autism Program**

Rachel Barber MA, BCBA - Child and Community Resources

Shannon Gouchie OT Reg. (Ont.) - Health Sciences North

Occupational therapists often work in therapy teams with other clinicians, but these teams do not traditionally include a Board Certified Behaviour Analyst; behaviour services seem to occur as a separate process concurrent to school-or-clinic-based therapy teams. Ontario's introduction of the Ontario Autism Program (OAP) puts at the forefront the need for flexible and collaborative services for children and youth with autism spectrum disorders. Collaboration between occupational therapy and applied behavioural analysis can enhance the successful outcome of mutually functional goals by pulling on the strengths of each field to develop evidence-based intervention plans. An example will be provided of a Feeding Workshop delivered in Sudbury, Ontario, co-developed by an occupational therapist, Board Certified Behaviour Analyst, and a Dietitian.

OBJECTIVES: Participants will increase their understanding of the expectations for collaborative services within the OAP, address misconceptions about applied behaviour analysis and learn about an example of a community collaboration between OTs and BCBA's.

3E **An Occupational Therapy Perspective on Managing Responsive Behaviours in Hospitals**

Allison Rinne OT Reg. (Ont.) - St. Michaels Hospital

Jenna Egan OT Reg. (Ont.) - St. Michaels Hospital

Allison Barker OT Reg. (Ont.) - St. Michaels Hospital

In 2010, the MOHLTC recognized that Ontario's healthcare system was not adequately addressing the needs of older adults experiencing responsive behaviours, leading to a forty million dollar investment to enhance supports and services for these individuals and their care partners (Ontario Behavioural Supports System Project 2010). Since then, there has been increasing organizational interest in frontline implementation of best practices in responsive behaviour management, including in the hospital environment. It is well recognized that evidence-based responsive behaviour management practices improve the patient and family experience, improve staff safety, and support patient flow (e.g. Ontario Behavioural Support System Project (2010)). Despite this knowledge, front-line clinicians from various professions continued to express a knowledge gap regarding effective responsive behaviour management (Smith et al, 2015). Given their holistic approach and educational background, occupational therapists are well suited to provide direct care for individuals experiencing responsive behaviours and act as leaders to improve staff capacity and organizational processes. At St. Michael's Hospital in Toronto, occupational therapists have been leaders in implementing educational and practice-based initiatives to support patient-centred responsive behaviour management in an acute care setting.

OBJECTIVES: Three occupational therapists who have been leaders at various stages of this initiative will lead this presentation to address the following objectives: to define current best practices for patient-centred responsive behaviour management in acute care and other hospital-based settings; to discuss roles for both occupational therapists and occupational therapist assistants in direct patient care, knowledge translation and, staff leadership; and to provide examples of tools that can be used in practice to assess responsive behaviours and implement standardized and patient-centred management strategies.

3F **Self-Regulation, Yoga and Changing Paediatric Supports**

Jessica McGrath OT Reg. (Ont.) - Five Counties Children's Centre

A rise in referrals for difficulties with behaviour, attention, anxiety and sensory processing has occurred in the paediatric sector. Five Counties Children's Centre is exploring a variety of methods to support clients and families with these challenges. Self-regulation strategies and parent education/support groups are being used to build confidence in caregivers. Yoga and mindfulness are two techniques being used to help support clients. Self-regulation, yoga and mindfulness will be explored with some recommendations and strategies being offered as it applies to occupational therapists working with the paediatric population. **OBJECTIVES:** Participants will gain a greater understanding of the changing needs of the paediatric population; learn strategies being implemented to assist with the development of self-regulation; review two group based models which use parent education and yoga/mindfulness to meet client goals; explore brief case studies.

3G *Continued from (1G & 2G)*

Understanding, Evaluating and Justifying Your Prescription of Seating & Mobility Systems



4A - 4F

10:30 am - 12:00 pm

Saturday Morning Workshops

4A **Championing the Movement to Advance Occupational Therapy As An Essential Healthcare Solution in Ontario**

Danny Nashman Partner - The Potential Group

Ontario occupational therapists have guided OSOT to a bold new strategic plan, a plan that commits to advance our profession. Working with the Potential Group, OSOT has developed a compelling, optimistic story for our future... a future in which access to OT is not restricted, stakeholders and clients request our services, people across the province understand OT and its value. Our ability to advance as a profession, however, is enriched and perhaps only successful if we are able to marry leadership and strategy at the association level with commitment and engagement across the profession as a whole. We need a movement! This workshop will inspire you and give you tools to engage in this movement in your day to day practice. A generative, appreciative approach to change leadership will support you in promoting your profession and your services but will also be a valuable professional skill to have in your professional "toolbox" to apply to many situations. **OBJECTIVES:** This workshop will engage occupational therapists from across practice areas in an exploration of how they can be part of advancing OT in their day to day practice and will provide training and opportunity to practice having generative conversations with clients, colleagues and leaders across the health system. Participants will create personal action plans to help elevate the role of OT and the profession in the year ahead.

4B **OMG – I've Just Been Called to Testify – Expert Witness Advice From the Experts**

Panellists: **April Belbeck** OT Reg. (Ont.) - Rehabilitation Management Inc.

Carol Bierbrier OT Reg. (Ont.) - Carol Bierbrier and Associates

Jeff Ford OT Reg. (Ont.)

Nancy Katsouras OT Reg. (Ont.) - Inter-Action Rehabilitation

Tracy Milner OT Reg. (Ont.) - Complex Injury Rehab, Inc.

Presenting Judge: **To be announced**

You have just been asked to give expert testimony. If it is your first time, you may be a bit nervous and wondering: What does this involve? How do I prepare? What is the court protocol? What are the common pitfalls for an expert? Are there tips to help me deliver effective testimony? Maybe it isn't your first time, but you would like to better understand the perspective of the judge and learn from your colleagues on how to improve your ability to deliver effective testimony and their experiences with the process. In this session the experience of the experts will be shared with you. You will first hear from a trial judge (speaker to be confirmed) to understand their unique perspective. Next, no mock trial, rather a real opportunity to discuss being an expert with your fellow OTs. Learn, listen and participate in an interactive discussion with five occupational therapists who have each given expert testimony on more than one occasion. Based on their experience they will share tips and pitfalls of providing expert testimony in Ontario and will answer any questions you may have. **OBJECTIVES:** Participants will leave with an understanding of the role and use of an expert witness; how best to prepare for providing testimony and avoiding common pitfalls; and the courtroom process and perspective of a judge. Additionally, shared courtroom experience of colleagues will inform and prepare OTs for that "call to testify"!

4C **Discretionary Reporting – What Do OTs in Ontario Need to Know?**

Panellists: **Ruheena Sangrar** PhD (C) OT Reg. (Ont.) - McMaster University

Amie Enns MScOT, OT Reg. (Ont.) - West Park Health Care Centre

Nellemarie Hyde BSc OT, OT Reg. (Ont.) - Saint Elizabeth Driver Assessment & Training

Sonia Mistry OT Reg. (Ont.) - Practice Advisor, College of Occupational Therapists of Ontario

Ministry of Transportation of Ontario - invited

Mental Health OT - invited

Since July 1, 2018, occupational therapists in Ontario have been granted the authority to report potentially unsafe drivers to the Ministry of Transportation (MTO), as per the amended Highway Traffic Act. The term "discretionary reporting" brings up a myriad of questions for OTs to grapple with: issues of consent, legalities, and ethical considerations, to name a few. A carefully selected panel representing views from the MTO, COTO, clinicians, and academia will discuss these topics and more. A Question & Answer period will follow. **OBJECTIVES:** Participants will be able to understand how the new authority of discretionary reporting relates to their OT practice.



4A - 4F *continued*

10:30 am - 12:00 pm

Saturday Morning Workshops

4D **Integrated Rehabilitation Services for Children and Youth with Special Needs**

Stacey Weber Director of Child and Youth Development - Ministry of Children, Community and Social Services

Debra Kennedy BSc OT - Chair OSOT School-Based OT Team

Stephanie Ellis OT Reg. (Ont.) - York Region Board of Education

Patti McGillivray OT Reg. (Ont.) - OT4Kids

Representatives from the Ministry of Children and Youth Services will be joining members of the OSOT School-based OT Team for this session. Participants will receive an update on initiatives in Ontario to support the integration of rehabilitation services for children and youth from birth to the end of school. Additionally, there will be an opportunity to review and comment on the results of the OSOT 2018 membership survey regarding learning needs of OTs with regard to the family-centred and tiered models of service. **OBJECTIVES:** Participants will be aware of the current state of implementation of initiatives that support integrated rehabilitation services for children and youth with special needs. They will develop an understanding of the implications for occupational therapists in the delivery of rehabilitation services in community-based and school-based settings and will be able to provide comment and insight into the learning needs for OTs to provide tiered models of service.

4E **Cognitive Adaptation Training (CAT) – Is it Relevant to Occupational Therapy?**

Joy-Anne Perry MSc(OT), CAMH - Complex Care & Recovery Program

Raquel Williams MSc(OT), CAMH - Complex Care & Recovery Program

Engaging clients in recovery is an overarching goal for occupational therapists working in mental health, which comes with various challenges. Cognitive impairment is a key characteristic of schizophrenia that is associated with difficulties in activities of daily living, social functioning and role functioning. Cognitive Adaptation Training (CAT) is systematic community based intervention that involves the use of compensatory strategies and environmental supports to bypass executive functioning difficulties and improve functioning in individuals with schizophrenia. More importantly, it aims to support clients in being more successful in achieving their recovery goals. Research has shown that this intervention is effective with individuals affected by chronic schizophrenia. Further research has been conducted to evaluate the use of this intervention in inpatient settings and with early psychosis. To date, no published studies address which disciplines should practice this intervention. This workshop will review our research on the relevance of occupational therapy values, principles, and models. The findings provide evidence to inform occupational therapy practice in mental health. Workshop participants will receive an introduction to CAT principles, relevant assessment/evaluation tools, and the implementation of the intervention. Participants will have the opportunity to engage in interactive learning and small group activities as a means of exploring CAT. **OBJECTIVES:** Participants will be able to describe CAT principles and apply foundational knowledge of CAT principles; understand the assessment, treatment planning, and intervention process associated with CAT; describe the relevance of CAT to OT practice.

4F **Students & New Graduates: Speed Mentoring – A Fun Way to Learn!**

Are you a student OT? Have you recently graduated? Not quite sure of the practice area that resonates best with you or one where there may be jobs available? If you answered yes to any of these questions, we have a fun, dynamic and knowledge-filled conference workshop just for you! Back for its third year – we invite you to attend the ever popular OT *'Speed Mentoring' extravaganza!* A room full of experts in each practice area available to answer your questions. You will rotate from one OT expert to the next and gain a face-to-face opportunity to speak with leaders in: primary health care, mental health, auto insurance, paediatrics, home and community care and long-term care. We know the leap from student to practicing OT can be a daunting one so let us help and be your guide through this informative and interactive session.



5A - 5G

1:30 pm - 3:00 pm

Saturday Afternoon Workshops

5A *This workshop continues at 3:15 pm (6A)*

Beyond Health Literacy – Integrating Self-Management into OT Practice and Service

Susan Strong PhD, OT Reg. (Ont.) (C) - St. Joseph's Health Care, Hamilton

Matt Harrigan MSc, OT Reg. (Ont.) - St. Joseph's Health Care, Hamilton

Janet Ryan MSc, OT Reg. (Ont.) - St. Joseph's Health Care, Hamilton

This hands-on workshop is intended for experienced occupational therapists who wish to augment their practice with self-management support for clients with chronic conditions. Ontario health policy and guidelines for chronic conditions call for the delivery of self-management support to build capacity in individuals and families/caregivers for managing the impact of chronic health conditions on daily living and recovery. The aim is to assist clients to take charge of their health, and actively participate in healthcare planning. In the context of goal-setting, review and problem-solving, motivational and cognitive behavioural strategies engage and sustain healthy behaviours as the individual pursues their recovery goals. Occupational therapists are positioned to be leaders in their healthcare teams, to champion client self-management, by virtue of client-centred practice values of power sharing, self-determination and core practice domain of engagement and participation in occupations for health and wellness. Presenters will draw on experiences implementing the SET for Health protocol, an integration of self-management support into an existing case management model of practice with specialized transitional and outpatient programs with community outreach for individuals living with schizophrenia and co-morbidities (addictions, diabetes, COPD, RA, chronic pain). Presenters share how the integration of self-management was translated into processes that can be readily implemented by occupational therapists. Self-management principles and strategies are versatile and applicable to multiple practice contexts. Through group discussions, practical exercises with case studies, participants will have the opportunity to appraise a resource toolbox, and practice using a decision flow chart to guide selection and implementation of interventions. **OBJECTIVES:** Identify the evidence underpinning the use of self-management support by hearing a summary of evidence; be aware of inspirational examples of how occupational therapists have implemented a self-management approach with individuals living with severe and persistent mental illness, often accompanied by mental and physical co-morbidities; make decisions about the selection of self-management support interventions by trialing a decision flow chart applied to case studies involving clients that are for therapists challenging to engage in therapy; leave with tangible self-management support resources to use in practice by reviewing and discussing handouts of tools; identify potential ways to integrate self-management support routinely in the care process by discussing in small groups what self-management contributes/not contributes to practice and identifying specific spaces for self-management support implementation during the care process.

5B **Get Caught Up On Everything Auto!**

Karen Rucas BSc OT, OT Reg. (Ont.) - Life Care Planning Consultants Inc.

Loreta Stanulis-Duz OT Reg. (Ont.) - D & D Disability Management

Ontario's auto insurance system is always changing. Take time for an update, a chance to explore issues that challenge your practice and to expand your practice support network. There's lots to discuss and resources to take home including: Highlights of COTO's 2017 Guidelines for Working with Third Party Payers; how to ready yourself for the FSCO audit, learn from the experience of others, the OSOT audit tips and more. What happens if you don't complete the AIR?; attendant care - what happens if you've arranged for an agency service to provide attendant care and the insurer adjusts the AC benefit amount without your knowledge? Are you ready for Electronic submission of the Form 1?; how to manage new client information post-Insurer examination?; ensuring that your assessment is complete and ready for cross-examination!; should you accept the role of a third party observer (TPO) for your client, what are the risks and what is the OSOT position statement on this?, what to do if a TPO shows up at your assessment?; under what circumstances and how can you submit a complaint to the FSCO Licensing and Market Conduct Branch? Why should you?; fees for form completion, what's reasonable? **OBJECTIVES:** Participants will have opportunity to learn about and discuss evolving issues and practices in Ontario's auto insurance system, to ask questions and to build networks to support practice.



5A - 5G *continued*

1:30 pm - 3:00 pm

Saturday Afternoon Workshops

5C **Promoting Occupational Therapy in Workplace Mental Health**

Lydia Beck MSc OT, OT Reg. (Ont.) - L & L Consulting

Laura Kalef MSc OT, OT Reg. (Ont.) - L & L Consulting

Sandra Moll PhD, OT Reg. (Ont.) - School of Rehabilitation Science, McMaster University

Erika Pond Clements OT Reg. (Ont.) - WSIB

Julie Iantorno BSc, MSc OT, OT Reg. (Ont.) - ClubLink Corporaion ULC

Adeena Wisenthal PhD, MEd, OT Reg. (Ont.) - ERGO-Wise

Anna Zaffina BMR(OT), MA, (OT) Reg. (Ont.) - WSIB

This workshop, hosted by the OSOT Workplace Mental Health team, will highlight current initiatives to support the role of OT in this dynamic, and expanding area of clinical practice. Findings from a provincial survey of practice trends, and support needs of 93 occupational therapists in workplace mental health will initially be presented, followed by reflections on implications for our profession. In addition, a panel discussion with occupational therapists who have expertise in a range of workplace practice settings, will feature potential roles for OT in both the public and private sector, along the continuum of prevention, return-to-work and stay-at-work. Panellists will describe their role and discuss challenges and opportunities for OT, as well as key competencies required. We will also share a new fact sheet promoting the role of OT in workplace mental health. **OBJECTIVES:** Participants will have an increased awareness of OT practice in workplace mental health, including the different roles and positions available, as well interventions at an individual and organizational level; and will have insight into trends, opportunities and challenges of OT in this emerging area. There will be a focus to support the development of strategies and tools for enhancing the profile of OT in workplace mental health.

5D *This workshop continues at 3:15 pm (6D)*

Tiered Service Delivery Models for Needs-Based Paediatric Occupational Therapy Services

Wenonah Campbell PhD - School of Rehabilitation Science, CanChild Centre for Childhood Disability Research, McMaster University

Sandra Sahagian Whalen BSc (OT), MHSc, OT Reg. (Ont.) - REACH Therapy Services

Paediatric rehabilitation services are changing from impairment-focused, one-to-one service models to population based, tiered service models that include all children from birth to school leaving. Research evidence and the Ontario Special Needs Strategy support this shift to tiered service delivery. This workshop will describe needs-based, tiered service delivery models and the Response to Intervention (RTI) framework that serves as the foundation for these service models, along with current evidence. In RTI models, universal services are provided to support all children's functioning and participation. Universal Design for Learning (UDL) is one type of universal service provided in a tiered model. Targeted and/or individualized services are offered to children who require additional support. This type of practice ensures that services are embedded and provided for the benefit of entire communities. This tiered or 'layered' approach also ensures that children with higher needs receive increasingly individualized levels of support. Rehabilitation services provided in a tiered model are delivered collaboratively in context and are integrated within the children's existing routines and environments. This type of tiered service may represent a significant change for some paediatric occupational therapists. To meet attendees' learning needs, this workshop will offer strategies to facilitate successful transition to a needs-based, tiered model of service in addition to describing the evidence in support of tiered models for early child care and school-based occupational therapy. **OBJECTIVES:** Participants will be able to describe the organization, rationale, and evidence for tiered service models relevant for children prior to and after school entry; describe the types of rehabilitation services offered in tiered models with particular focus on Universal Services including Universal Design for Learning and apply these to your current practice; identify practical strategies for implementing tiered services in preschool and school settings; and explain use of Dynamic Performance Analysis as a relevant assessment method for tiered service.



5A - 5G continued

1:30 pm - 3:00 pm

Saturday Afternoon Workshops

5E *This workshop continues at 3:15 pm (6E)*

Poverty & Homelessness – Defining the Role of OT and Identifying Approaches for Practice

Carrie Anne Marshall PhD, OT Reg. (Ont.) - School of Occupational Therapy, Queen's University

Laurence Roy PhD, erg. - School of Physical and Occupational Therapy, McGill University

Rebecca Gewurtz PhD, OT Reg. (Ont.) - Occupational Therapy, School of Rehabilitation Science, McMaster University

Pam Lahey PhD (Student) - School of Rehabilitation Science, McMaster University

Persons with disabilities are disproportionately affected by poverty and social disadvantage, representing a critical and growing social justice issue in Canadian communities. OTs primarily support those with disabilities to function more effectively in their daily lives and enable participation in occupations that promote health and well-being. Often, however, what prevents function and participation in health promoting occupations is directly attributable to the poverty that a person experiences, rather than the disability itself. For those with mental illness and cognitive disabilities particularly, poverty and the gradual erosion of formal and informal supports results in loss of housing. OTs working in a variety of health care settings may encounter those who are experiencing poverty and homelessness, and a growing number of OTs are working in roles that are specifically dedicated to supporting under-served persons. This workshop will provide a summary of the results of recent research conducted by the presenters including: A Canada-wide survey aimed at identifying and defining the current state of practice of OTs in the area of homelessness; a study exploring the needs of homeless persons as they transition from homelessness to sustaining their tenancy; income security among Canadians with mental health disabilities, the patterns that perpetuate poverty, and the ability of Canadians to transition from living on social assistance to achieving financial independence. We will conclude by identifying evidence-based and emerging models used to support persons experiencing poverty using an occupational lens. Implications for research and practice will be explored through multi-media strategies and break-out sessions. **OBJECTIVES:** Participants will develop familiarity with research evidence related to poverty and homelessness among persons with mental illness, cognitive and physical disabilities; learn about the state of practice of OT in the area of homelessness across Canada; develop their knowledge of the needs of homeless persons as they transition from homeless to housed; recognize the ways in which income security is related to poverty and how the structure of social assistance programs may contribute to the perpetuation of poverty; build knowledge of evidence-based and emerging models designed to support homeless and recently housed persons; and discuss how promising practices emerging from research on poverty and homelessness can be applied in their local communities.

5F *This workshop continues at 3:15 pm (6F)*

Preparing for the OT Workforce – You've Graduated, Now What?

We're hoping the title says it all! Congratulations – you've graduated from a very worthy and accredited program – Occupational Therapy, or you're about to graduate... and now what? With today's competitive job market, the constantly changing policies and priorities of the provincial government and the evolving & advancing role of OT – how do YOU stay current... stay inspired and position yourself well for your first job? How do you search for and secure a job? How do you make a difference in the lives of your clients, and at the same time gain job satisfaction and feel like you're contributing to the promotion of the profession of occupational therapy? That's a tall order! But... there is help! Join us – for a panel of inspiring individuals who have asked those same questions and have wisdom, knowledge & information to share. Our panellists will represent colleagues who can share their journey to successful employment – or talk about what they look for when they interview & hire OTs or review resumes to determine fit for their organization. The session will provide opportunity to learn of processes for transitioning into practice from a regulatory perspective and help you explore and understand the roles of the professional organizations that will have relevance throughout your career. We'll plan lots of time for questions and answers so you can ensure the session addresses your pressing queries, worries or hopes and dreams! We hope you'll take advantage of this opportunity for you as a student or new graduate to have your questions answered and to help you on your way to looking for and finding a job that's right for you. We hope this will be a terrific resource as you launch into your occupational therapy career.

**5A - 5G** continued

1:30 pm - 3:00 pm

*Saturday Afternoon Workshops***5G** *This workshop continues at 3:15 pm (6G)***OSOT Leadership Forum – A Vision for Enabling Aging Well in Ontario****Barry Trentham** PhD, OT Reg. (Ont.) - University of Toronto, Chair OSOT Seniors Advisory Council**Alex Mihailidis** P.Eng, PhD - Scientific Director, AGE-WELL**Catherine Donnelly** PhD, OT Reg.(Ont.) - Queen's University**Colleen McGrath** PhD, OT Reg. (Ont.) - University of Western Ontario**Aaron Yuen** MSc(OT), BMSc (Hons.), OT Reg. (Ont.) - William Osler Health System**Barbara Cawley** OT Reg. (Ont.) - VHA Home HealthCare

OSOT has maintained a strategic direction of positioning occupational therapists as leaders in seniors' care. This leadership forum aims to engage members in one of OSOT's key responses to this strategic direction, a project in partnership with AGE-WELL, that will profile the unique ways that occupational therapists respond to senior citizen identified health and well-being needs. In a dynamic, robust knowledge mobilization web-site comprised of unique modules that will focus on key life course occupational transitions (e.g., enabling older workers, enabling self-care of chronic illness) will be developed and the enabling strategies, tools and technologies employed by occupational therapists to support each occupational transition across health, social and private sectors will be profiled. Attracting colleagues interested in advancing OT roles and practice relating to seniors' health, this forum will include both formal presentation and facilitated, directed small group discussion. Presentations will provide an overview of the vision project and its rationale, outline the concept of occupational transitions as it informs the project's organizing framework linking all health, social and private sectors working with older adults, and address focused reflection on the impactful evidence supporting narrative approaches to knowledge translation which can be applied to all aspects of practice. Participants will explore themes to be included and mechanisms for accessing and sharing stories and begin to identify ways that OSOT members can contribute to creation of this vision project. Join in! A Vision for Enabling Aging Well in Ontario aims to better create a demand for occupational therapy services by end-users including older adults, their formal and informal caregivers and health care practitioners, to provide accessible information for policy makers, to engage our profession more meaningfully with consumers who are older adults, and to support occupational therapists to be true leaders in seniors health and well-being. Join in – we need your voice, your perspectives, your visions. . . your leadership!

PROLINK

Canada's Insurance Connection

Thank you to PROLINK for their long standing dedication as a primary OSOT Conference Sponsor.

We truly value the contribution they continue to make to the learning needs of Ontario occupational therapists and their comprehensive insurance services for OSOT members.



6A - 6G

3:15 pm - 4:45 pm

6A *Continued from (5A)*

Beyond Health Literacy – Integrating Self-Management into OT Practice and Service

6B **Leading Case Law – Underscoring the Compelling Role for OT in Accident Benefit Matters**

Galit Liffshiz MA, OT Reg. (Ont.) - Galit Liffshiz & Associates Inc.

Yoni Silberman LLP - Partner, Bogoroch & Associates, LLP

In recent years (2016-2018) there have been numerous decisions reported by the Licence Appeal Tribunal that demonstrate the importance of the occupational therapist's assessment approach, tools and analysis in the context of establishing an injured person's entitlement to accident benefits. These decisions highlight the critical role played by the OT, and the significance of their professional opinion. OTs have become a vital element in the medical-legal field. When weighing the evidence, lawyers, judges and adjudicators rely heavily on OT assessment findings. In part, this is the result of recent legislative changes, which now focus on function as the main parameter to forecast the level of disability as it pertains to future care needs, such as med-rehab and attendant care entitlement. This presentation will provide a review of recent case law released by the Licence Appeal Tribunal that addresses the role of an OT in determining entitlement to life-changing benefits such as med-rehab, attendant care, catastrophic determination, income replacement and non-earner benefit entitlements. Providing the perspectives of both the writers and readers of OT reports, this presentation will empower OTs by recognizing the importance of the OT role and opinion. **OBJECTIVES:** Participants will be able to reference recent Licence Tribunal case law that supports the importance of the OT report in determining benefit entitlement and understand the critical components of a report for this purpose.

6C **Work Disability Prevention – A Primer for Occupational Therapists**

Alicia McDougall MOT, OT Reg. (Ont.) - NCCO Rehabilitation Services

Behdin Nowrouzi-Kia PhD, MPH, MSc(OT), OT Reg. (Ont.) - University of Toronto, Laurentian University, Pacific Coast University

There has been a shift in paradigm from workplace disability and injury treatment to workplace disability prevention (*McDougall & Nowrouzi-Kia, 2017*). Occupational therapy practitioners may espouse a work disability prevention approach to lower work disability rates and provide timely return-to-work outcomes for clients. Opening communication lines between stakeholders allows for a more holistic, collaborative and comprehensive approach to disability, injury and pain management. The positive results researchers have found at the individual level when using a holistic approach translate to benefits for all involved stakeholders. This workshop will explore the work disability prevention approach in occupational therapy and illustrate case examples of utilizing this approach as opposed to workplace disability and injury treatment. Strategies for collaboration between stakeholders will be discussed. **OBJECTIVES:** Participants will be able to explain the work disability prevention approach; identify at least 3 effective interventions for workplace disability prevention that occupational therapists can utilize in their practice; and identify key socio-political stakeholders and potential collaboration strategies with these stakeholders.

6D *Continued from (5D)*

Tiered Service Delivery Models for Needs-Based Paediatric Occupational Therapy Services

6E *Continued from (5E)*

Poverty and Homelessness – Defining the Role of OT and Identifying Approaches for Practice

6F *Continued from (5F)*

Preparing for the OT Workforce – You've Graduated, Now What?

6G *Continued from (5G)*

OSOT Leadership Forum – A Vision for Enabling Aging Well in Ontario



Journey to Excellence



Delegate Information

For more information click here for the [OSOT Conference page](#)

YOUR FULL CONFERENCE FEES INCLUDE

Friday & Saturday programming including; Key note addresses, workshop program, poster viewing, 2 breakfasts, 2 lunches and refreshment breaks, exhibit hall access, Friday evening exhibit hall reception, printed materials, and unlimited opportunities to network!

GENERAL INFORMATION

Please note you are **required** to select both your first & second choices for workshops. All first choices will be provided on a first come, first served basis, space permitting. Certificates of workshop participation will be available after the Conference in conjunction with the on-line evaluation process, in your membership profile. Copies of all presentations, for which we have presenter permission, will be sent to delegates via a link to dropbox, following conference.

CANCELLATION/SUBSTITUTION POLICY

Cancellations will be refunded less \$50.00 administration fee with notice of cancellation being received at osot@osot.on.ca no later than October 5, 2018. Workshop substitutions may be requested, however notice must be received by osot@osot.on.ca no later than October 1, 2018; OSOT cannot guarantee accommodation of substitution requests. OSOT reserves the right to cancel this conference and/or workshop(s) due to unforeseen circumstances and will be responsible for refunding of conference registration fees only.

SPECIAL NEEDS

If you have special needs related to dietary or accessibility requirements, please indicate these on the registration form. Please note OSOT will do their best to accommodate dietary requests however cannot guarantee it. Substitution fees maybe required. **Same day/on-site dietary requests are subject to fees as determined by the venue staff and delegates will be solely responsible for payment of these on-site.**

CONSENT TO USE OF PHOTOGRAPHIC IMAGES

Registration and attendance in OSOT Conference 2018 constitutes a consent of the registrant for the Ontario Society of Occupational Therapists to use the registrant's unidentified image in photographs. Should you not consent to the use of your photograph please indicate so on your conference registration form.

PRIVACY STATEMENT

Registration information is collected to process registrations and payments for educational events, correspond with registered delegates, and to publish delegate list for event participants. If you do not wish to have your registration information published on a delegate list to be shared with event participants please indicate this on your conference registration form.

REGISTER ONLINE TODAY AT: osot.on.ca

Delegates are strongly encouraged to use the **online registration & secure payment** option! The on-line registration process allows delegates to immediately submit their registration, use their credit card information for payment (credit card numbers are not stored electronically), and receive an immediate confirmation of their payment by means of a credit card receipt and a confirmation email showing their registration has been received.

Not an OSOT Member?

Join today and **SAVE** on both your **MEMBERSHIP** and **CONFERENCE 2018 FEES!**

Join as a **NEW MEMBER** for 2018/2019, **save 50%** on your annual OSOT membership fee AND take advantage of the **LOW MEMBER CONFERENCE RATES** – *it's like getting your OSOT membership for FREE!*

Give yourself a GREAT Conference learning experience AND access to continued professional support and resources ALL YEAR LONG!

JOIN BEFORE YOU REGISTER FOR CONFERENCE FOR SAVINGS BENEFITS!

To take advantage of this promotional offer contact **John Crawford** Manager, Member Services, by email at jcrawford@osot.on.ca

We look forward to welcoming you to Conference... and to OSOT Membership!



For more information click here for the [OSOT Conference page](#)

Conference Rates

Conference fees are in Canadian dollars | 13% HST is additional

Full Conference Fee

October 19 & 20

EARLY BIRD on or before September 21

OSOT Members **\$475**

Non-members * **\$620**

Student/New Graduate Members **\$310**

Reminder: Student & New Graduate Membership is complimentary

REGULAR | after September 21

OSOT Members **\$575**

Non-members * **\$720**

Student/New Graduate Members **\$360**

Reminder: Student & New Graduate Membership is complimentary

Daily Rates

Fee per day

EARLY BIRD on or before September 21

OSOT Members **\$290**

Non-members * **\$380**

Student/New Graduate Members **\$190**

Reminder: Student & New Graduate Membership is complimentary

REGULAR | after September 21

OSOT Members **\$340**

Non-members * **\$430**

Student/New Graduate Members **\$215**

Reminder: Student & New Graduate Membership is complimentary

**Register
ONLINE Today!**

**CLICK
HERE**

Student/New Graduate Special Program

(see page 6 for details)

Saturday, October 20

WORKSHOPS

4F and 5F /6F ONLY

Students/New Graduates \$95

* **JOIN OSOT TODAY!** and **SAVE up to \$200** – see page 20 for details

Accommodations

Extend your OSOT 2018 experience and stay right at the conference venue!

Don't be disappointed ... book NOW to reserve your room!

All hotel reservations are the responsibility of the delegate.

SHERATON or BEST WESTERN PARKWAY TORONTO NORTH HOTEL

600 Highway 7 East
Richmond Hill, Ontario
L4B 1B2

RATES:

RESERVATIONS:



Sheraton \$129.00 CDN + taxes

ONLINE direct link [CLICK HERE](#)

Guests reserving directly, please call **1-800-668-0101** or **905-882-3108** and mention group code: **ON1019**

A small block of rooms has been reserved at the SHERATON PARKWAY TORONTO NORTH HOTEL and at the BEST WESTERN HOTEL until **SEPTEMBER 19, 2018**.



Best Western \$109.00 CDN + taxes



Register ONLINE Today!

Access **SECURE ON-LINE REGISTRATION** including Mastercard or Visa payment



OR PRINT AND COMPLETE THIS FORM AND SEND IT USING ONE OF THE FOLLOWING OPTIONS: CREDIT CARD information must be included

MAIL OSOT
55 Eglinton Ave. East, Suite 210
Toronto, ON Canada M4P 1G8

FAX
416-322-6705

For more information please visit: www.osot.on.ca

Name _____ OSOT Member # _____

Not a Member? [\(see page 20\)](#)

Home Address _____

City _____ Province _____ Postal Code _____

Phone _____ Fax _____ Email (REQUIRED) _____

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Please note any special dietary / accessibility requirements: _____

We will make every effort to accommodate your dietary needs, however there may be additional charges for special orders. For further details please contact:

osot@osot.on.ca

I do not consent to the use of my registration information as outlined in the privacy statement.

I do not consent to the use of photographic images taken of myself at Conference 2018.

Workshop Session Choices

It is anticipated that interest in some sessions may exceed available seating. Please indicate your **FIRST** and **SECOND** choices with # and **LETTER**.

FIRST Choice 1A	SECOND Choice 1C
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Friday, October 19

1A – 1G 1st choice _____ 2nd choice _____

2A – 2G 1st choice _____ 2nd choice _____

3A – 3G 1st choice _____ 2nd choice _____

Saturday, October 20

4A – 4F 1st choice _____ 2nd choice _____

5A – 5G 1st choice _____ 2nd choice _____

6A – 6G 1st choice _____ 2nd choice _____

SUMMARY OF PAYMENT OWING | Fees shown on previous page

CONFERENCE FEES:

FULL Conference Registration Fee \$ _____ (includes Friday and Saturday Program)

DAILY Conference Registration Fee \$ _____ Friday, October 19
\$ _____ Saturday, October 20

Student/New Graduate Special Program \$ _____ Saturday, October 20 (ONLY)

SOCIAL EVENT:

Friday Evening \$ _____ # of tickets ____ X \$40.00 per person
NOTE: All tickets to the FRIDAY SOCIAL are ordered separately and must be pre-paid.

SUB TOTAL: \$ _____

+ 13% HST
HST #104002092 \$ _____

TOTAL PAYMENT OWING: \$ _____

Please check one of the following:

- OSOT Member
- Non Member
- Student / New Graduate

NOTE: REGISTRATION will NOT be processed until both REGISTRATION FORM and FULL PAYMENT are received at the OSOT office.

CONFIRMATION OF RECEIPT OF REGISTRATION:


Registrants will receive confirmation by email immediately following online registration. For those completing this form and paying offline, confirmation will be sent by email within 10 days from receipt by the OSOT office.

Any questions relating to registration confirmation should be directed to:

osot@osot.on.ca
or 416-322-3011

PAYMENT OPTIONS

Cheque – made payable to “OSOT” | **NO POST DATED CHEQUES** - \$30.00 administration fee will be charged on all NSF cheques

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