1921-2021

celebrating 100 years!



Ontario Society of _____ Occupational Therapists

2021 Virtual Conference November 3-5



Welcome!

Come celebrate with us! This year, the Ontario Society of Occupational Therapists (OSOT) celebrates its 100th anniversary. Incorporated in January 1921, OSOT was the first occupational therapy organization in Canada, giving roots to the profession in Canada by both promoting the value of occupation to health and well-being and by advocating for education and supports for a developing profession. Today, over 4,800 members strong, OSOT's mission remains true to the aspirations of our visionary founders – committed to advancing occupational therapy in Ontario and supporting Ontario OTs to practice with excellence.

Conference 2021 provides a natural celebration opportunity. OTs from across the province will gather virtually to learn, share, network, and experience the community that is OSOT. The dynamic 3-day program is but a sampling of the exciting work of today's occupational therapists. This program provides rich opportunity to reflect on the growth, evolution and continuing innovation that our profession has embraced over its past 100 years and inspires participants to view their own contributions to the ongoing history of our profession.

Celebrating 100 Years is a 3-day celebration extending from Wednesday November 3rd to Friday November 5th. The workshop-based format provides registrants the opportunity to explore topics in a depth that supports knowledge translation and integration into practice and you can view workshops recordings until January 5, 2022.

This year we introduce a new virtual conference platform, Pheedloop, that provides an interactive Exhibit Hall, networking opportunities, and supports participants to customize and manage their conference schedule with ease.

This year's program is full of amazing learning opportunities:

- Access to 26 workshops and their recordings (until January 5, 2022)
- Keynote address
- Interactive Exhibit Hall with networking opportunities
- Win prizes throughout the conference
- Awards and Recognition and our 100th Anniversary Celebration
- New grads and students have access to an evening event on transitioning to practice

We look forward to welcoming you to the celebration of OT and OSOT's past and future. See you in November!

Your OSOT 2021 Conference Planning Team,

Marika Beaumont, OT Reg. (Ont.)	Marina Rezkalla, OT Reg. (Ont.)
Emily Downs, OT Reg. (Ont.)	Gobika Sithamparanathan, OT Reg. (Ont.)
Jeanette Johnston, OT Reg. (Ont.)	Victoria Danesi, Professional Practice Program Associate
Kristina Marchiori, OT Reg. (Ont.)	Marnie Lofsky, OT Reg. (Ont.), Interim Manager, Professional Practice
Laxee Nithiyananthan, OT Reg. (Ont.)	We would like to thank Tiziana Bontempo, OT Reg. (Ont.) for her
	contributions to this conference.



Opening Keynote



Dr. Brian King

Wednesday, November 3

9:30 am - 10:30 am

Dr. Brian King trained as a neuroscientist and psychologist and for the past decade has traveled the world as a comedian and public speaker. By day he conducts seminars on positive psychology, the health benefits of humor, and stress management. By night he practices what he teaches in comedy clubs. He is the author of the international bestseller, *The Art of Taking it Easy* and *The Laughing Cure*. When not on tour, Dr. King resides in Dallas, Texas with his partner, Sarah, an occupational therapist, and their young daughter. Looking forward, particularly during this challenging time, he sees the management of personal resources as crucial to the next 100 years. In his keynote address, Dr. King will discuss the importance of self-care and managing our own stress to provide better service to our clients.

New Grad Night! Transition to Practice: Pandemic Edition



Wednesday, November 3 7:00 pm - 8:45 pm

Calling all new graduates! Join us for a 2-part session on transitioning to practice during the pandemic. In the first half, recent graduates (2018-2020) will share how they navigated the transition from students to autonomous practitioners. Panelists have received training from various parts of Ontario and practice in diverse settings. The second half will allow participants to network in breakout rooms and ask the panelists and experienced OTs questions, i.e., mentorship available upon graduation, NOTCE exam, and more.

Panel speakers: Jenna Auger, OT Reg. (Ont.), class of 2019 - Queens University, Naomi Brown, OT Reg. (AB), class of 2019 - Queens University, Monique Gill, OT Reg. (Ont.), class of 2020 - University of Toronto, Emma Gard, OT Reg. (Ont.), class of 2018 -Queens University.

Admission included in full conference registration. **\$**15 +HST for New Grad Night admission only.



Featured Events

Opening Ceremonies

November 3 9:00 am - 9:30 am

The Ontario Society of Occupational Therapists looks forward to welcoming you to our second virtual conference. We will share opening remarks from OSOT's Board of Director's President Milinda Alexander and Executive Director Christie Brenchley and briefly review how the conference will operate.

***** Keynote Address

November 3 9:30 am - 10:30 am

The opening keynote, Dr. Brian King, will launch this years' virtual conference, discussing the importance of self-care and managing our own stress to provide better service to our clients.

Transition to Practice: Pandemic Edition

November 3 7:00 pm - 8:45 pm

Students and new graduates can join us for a 2-part session on transitioning to practice during the pandemic. Recent graduates will share how they adjusted from students to practitioners and participants will have the opportunity in break out rooms to ask questions and network with other students/new graduates.

OSOT Awards and Recognition Ceremony

November 5 | 2:45 pm - 4:45 pm

Celebrate the accomplishments of the Society and our members over the past year and help us recognize 100 years of the Society through guest presenters, a video tribute, and more! Join us in recognizing the 2021 Honorouray Life Member and other colleagues who inspire us to advance our profession.



Throughout the Conference

During lunch, breaks, and throughout the conference, visit the virtual exhibit hall through our new conference platform Pheedloop. Find out what's new with the latest innovations and services to keep clients engaged in their daily activities. Chat with exhibitor representatives, watch videos, download resources, and more.



Throughout the Conference

Participate in various conference activities for a chance to win prizes. More details will be provided at conference.

Connect with other OTs!



Program Schedule

Wednesday, November 3, 2021

TIME	SESSION OPTION 1		SESSION OPTION 2	SESSION OPTION 3
9:00- 10:30am	Opening Ceremonies and	Keynote by	v Dr. Brian King	
10:30- 10:45am	BREAK/VIRTUAL EXHIBIT H	IALL		
10:45am- 12:15pm	Championing the Moveme Advance OT as an Essentia Healthcare Solution		Inspiring the Leader Within	
12:15- 1:00pm	LUNCH/VIRTUAL EXHIBIT H	HALL		
	Seating & Mobility Series			
1:00- 2:00pm	Power Wheelchair Controls	1:00- 2:30pm	Role of OT in CAT Assessment	Concepts & Practices for Working with Clients with Bariatric Care Needs
2:15- 3:15pm	Client Centered Prescriptions			T HALL
3:30- 4:30pm	Optimizing Power Wheelchair Performance	2:45- 4:15pm	Medical Legal Assessments, Reports, Fees, and Testimony	
		• 		
7:00- 8:45pm	Transition to Practice: New Grads and Students			

Conference Schedule Continues on Next Page



Program Schedule

Thursday, November 4, 2021

TIME	SESSION OPTION 1		SESSION OPTION 2	SESSION	OPTION 3
9:00-	Tiered Approaches to OT		Ontario Health Teams	Let's Chat - Avoid These	
10:30am	Services in Schools			Common Auto Insurance	
				Practice	Pitfalls
10:30-	BREAK/VIRTUAL EXHIBIT HA	ALL			
10:45am					
10:45am-	OTs in Emergency		Reframing Listening:		
12:15pm	Medical Services		Exploring the		
			Subjective Experiences		
12.15		A 1 1	of Autistic Youth		
12:15-	LUNCH/VIRTUAL EXHIBIT H	ALL			
1:00pm					
	Seating & Mobility Series				
1:00-	Materials Matter: The	1:00-	Financial	1:00-	The Ontario
2:00pm	Substance & Design of	4:00pm	Considerations for OT	2:30pm	Autism
	Seating		in the Private (Auto)		Program
2:15-	How Do People Actually		Sector		
3:15pm	Use Their Manual				
	Wheelchairs, and What				
	Really Matters?				
3:30-	Outcomes & Outcome				
4:30pm	Measures in Seating &				
	Mobility				

Conference Schedule Continues on Next Page



Program Schedule

Friday, November 5, 2021

TIME	SESSION OPTION 1	SESSION OPTION 2	SESSION OPTION 3
9:00-	"Has there been a change?": Early	Virtual Supervision of	Supporting Individuals
10:30am	Identification of Functional Decline	OT Students	Who Experience
	in Older Adults		Homelessness
10:30-	BREAK/VIRTUAL EXHIBIT HALL		
10:45am			
10:45	Manual of all Course sticks in the Time	OT and Vision Lass	
10:45am-	Meaningful Connections in the Time	OT and Vision Loss	Mental Health as the
12:15pm	of COVID		Next Pandemic Wave
12:15-	LUNCH/VIRTUAL EXHIBIT HALL		
1:00pm			
1:00-	Engaging Patients and Caregivers in	Community Self-	
2:30pm	Care, Planning, and Quality	Management	
	Improvement Initiatives	Programs Focusing on	
		Chronic Conditions	
		and Chronic Pain	
2:30-	BREAK/VIRTUAL EXHIBIT HALL		<u> </u>
2:45pm			
2:45-	Awards and Recognition Ceremony –	ALL WELCOME	
4:45pm	, , , , , , , , , , , , , , , , , , ,		

Bergeron Clifford

Proud Sponsor of the 2021 OSOT Virtual Conference



How will a virtual conference work?

Before the Conference

1. Register on the OSOT website. If you are interested in a workshop but are unable to attend live, you can still register as a recording of the presentation will be sent to all registrants and will be available until January 5, 2022.

2. The conference will be accessed through Pheedloop, a virtual event platform. Workshops will be hosted on Zoom which will be accessed through the Pheedloop platform. Instructions to create a Pheedloop account will be sent one week prior to the conference.

3. Workshops will have interactive elements such as breakout rooms and polling questions. Please ensure you have a strong internet connection and a device that has a microphone and speakers. Webcams are optional.

During the Conference

1. Login to Pheedloop and enter workshops using the provided Zoom links on the platform.

2. Watch and engage with the presentations. You have the opportunity to type questions into the chat box throughout the session. For workshops that have interactive components (e.g. breakout rooms), you will have the opportunity to unmute your device and discuss cases, issues, problems, and solutions.

3. During breaks, visit the virtual exhibit hall, network with fellow conference delegates, and participate in activities to collect points and win prizes!

After the Conference

1. Watch the recorded presentations. Recordings will be available a week after the conference. You will have access to these recordings until January 5, 2021.



Wednesday, November 3 Workshops

10:45 am - 12:15 pm

Championing the Movement to Advance Occupational Therapy as an Essential Healthcare Solution in Ontario

Danny Nashman, MBA, Partner, The Potential Group Inc.

This session will inspire you to be part of the movement to advance occupational therapy as an essential healthcare solution in Ontario and give you some basic skills and tools to support your efforts to create even more support for advancing occupational therapy. Participate in a mix of full group presentations and interactive breakouts to develop your own strategies for moving your practice and the field forward.

Inspiring the OT Leader Within

Markirit Armutlu, BSc OT., MSc. CHE, CAE

The goal of this interactive workshop is to help occupational therapists discover avenues for leadership, with or without formal titles. Participants will understand:

- common characteristics of good leaders
- be able to identify OT skill sets that align with leadership roles
- discover roles for OTs in leadership



Canada's Insurance Connection Proud Sponsor of the 2021 OSOT Virtual Conference



Wednesday, November 3 Continued

1:00 pm - 2:00 pm

Power Wheelchair Controls: Thinking Beyond the Standard Joystick

Kathy Fisher, BSc (OT)

Power wheelchair technology has developed to allow a personalized driving experience to maximize a client's ongoing functional potential. For many clients a basic joystick is not sufficient to meet their needs in all environments due to limitations in strength, coordination and fatigue. Many alternative driver controls exist but how do you as a clinician make the best recommendation? This session will highlight these innovations and will present the options based on assessment considerations. These include:

- determination of short vs. long term function
- what determines basic and essential need?
- timing when do you introduce non-standard joystick options?
- proportional vs non proportional driving what are the options and which gives you client more accurate control and safety?
- access to technology is your client (and caregivers) able to manage the technology and can it be set up to minimize steps to access functions?

1:00 pm - 2:30 pm

Concepts and Practices for Working with Clients with Bariatric Care Needs

Mary Forhan, PhD and Sarah Bingler, OT Reg. (Ont.)

Creating physically and psychologically safe spaces and services for clients with bariatric care needs is essential to promote quality occupational therapy services and patient engagement. This session will provide an overview of the diagnosis of obesity, principles of quality care for patients with bariatric care needs, and essential resources for use in institutional, home, and community settings.

Session recordings will be available until January 5, 2022



Wednesday, November 3 Continued 1:00 pm - 2:30 pm Continued

The Role of the OT in CAT Assessment

Galit Liffshiz, MA, OT Reg. (Ont.) and Yoni Silberman, Partner, Bogoroch & Associates LLP

The session will review all criteria as per the OCF19, in which OTs are an important part of the assessment team. In this session you will:

- refresh your knowledge on each criterion for Catastrophic designation
- learn how to analyze what criterion on which the client may apply
- identify red flags when reviewing the medical records
- learn how to develop assessment tools and activities for each criterion
- · learn what to include in an OT CAT assessment report

Approved for 1.5 CEU credits for CLCP/CCLCP.



Proud Sponsor of The Role of the OT in CAT Assessment workshop

2:15 pm - 3:15 pm

Client Centered Prescriptions: We Say It, But Are We Doing It?

Alli Speight, MScOT, ATP

There are many elements that come into play when prescribing a wheelchair and it can be difficult to make sure you are truly staying client-centered. This presentation will review the process of a wheelchair prescription while managing the client, therapist, dealer and funding sources interests. Participants will:

- differentiate client goals from other stakeholders' goals and integrate them when prescribing wheelchairs and seating
- identify and maintain obligations as a healthcare and/or sales professional when it comes to mobility and seating prescriptions
- implement strategies within daily practice to enhance the client centered prescription process



Wednesday, November 3 Continued

2:45 am - 4:15 pm

Medical Legal Assessments, Reports, Fees, and Testimony

April Belbeck, OT Reg. (Ont.) and Karen Rucas, OT Reg. (Ont.)

This session will address:

- the medical legal assessment, from the referral through to testifying;
- considerations when you receive the referral to complete a medical legal assessment or critique;
- how the medical legal assessment work is different from SABS work;
- how working for the plaintiff side differs from the defense side;
- how to deal with draft reports;
- what to do when a lawyer asks you to change your report;
- supplemental reports;
- how to prepare before you testify;
- what to do when asked to work in a different province or country;
- and much more!

Approved for 1.5 CEU credits for CLCP/CCLCP.

3:30 pm - 4:30 pm

Optimizing Power Wheelchair Performance

Kevin Cook, B.Sc.(HK)

This session will review mechanical adjustment and electronic programming considerations for maximizing client experience in their power wheelchair (PWC). Learn general considerations for matching client need/expectation and overall PWC performance in the home and community; understand three mechanical adjustments available to optimize PWC performance; and learn three electronic programming parameters that influence PWC performance, accessibility, and driving range.

Join OSOT today and save up to \$75 on conference registration!



Thursday, November 4 Workshops

9:00 am - 10:30 am

Tiered Approaches to Occupational Therapy Services in Schools: What Works for Whom, When, Why, and How?

Sandra VanderKaay, PhD, OT Reg. (Ont.) and Wenonah Campbell, PhD

In this interactive and evidence-based session, the speakers will extend knowledge and understanding of tiered schoolbased occupational therapy practice to support children's participation and inclusion. Speakers describe their recent research, including a review of relevant literature and a retrospective evaluation of our tiered model for school-based occupational therapy, Partnering for Change (P4C). They will share findings regarding contexts and mechanisms that support successful outcomes in tiered approaches, and describe how they expect findings can be used to guide schoolbased occupational therapy practice.

Ontario Health Teams: How Occupational Therapy Can Support an Integrated Health System

Panel of occupational therapists and decision makers moderated by Catherine Donnelly, PhD, OT Reg. (Ont.)

This session will introduce participants to Ontario Health Teams (OHTs), including the vision of OHTs in supporting an integrated and community connected health system. Foundational concepts of OHTs including the concept of a Learning Health System, Patient Medical/Health Homes and Patient Medical/Health Neighbourhoods will be explored. Panelists, including decision makers and occupational therapists, will share examples of how occupational therapy has supported integrated healthcare in their OHT.

9:00 am - 12:00 pm

Let's Chat – Avoid These Common Auto Insurance Practice Pitfalls!

Jeff Ford, OT Reg (Ont.) and Kellie Radley, OT Reg (Ont.)

This session will review examples of common questions from occupational therapists and pitfalls working within the auto sector. Speakers will explore "how to" questions related to:

- benefit assessments such as the attendant care and retroactive attendant care benefits
- tips when completing reports and treatment plans for home modifications, common issues related to "over treating", repetitive reporting, calling yourself an "expert", the complaints processes, and other common areas of concern

Approved for 3.0 CEU credits for CLCP/CCLCP.



Thursday, November 4 Continued

10:45 am - 12:15 pm

Occupational Therapists in Emergency Medical Services

Alex Giles, OT Reg (Ont.) and Amanda Foster, OT Reg (Ont.)

This session will describe the current practice of Emergency Medical Services (EMS) across Ontario for 911 calls and define the role of occupational therapy within Niagara Emergency Medical Services; specifically, on the Falls Intervention Team (FIT). Participants will gain a basic understanding of the Mobile Integrated Health teams and learn of current shifts in health system service delivery models. Speakers will share why this work is important and discuss the future of allied partners within EMS.

Reframing Listening: Exploring the Subjective Experience of Autistic Youth During Their Transition Into Adulthood

Youth on the Autism Spectrum

The focus of this session is to create space for the voices of Autistic youth to share their perspectives and experiences around their occupational transition into adulthood. The nature of reframing listening will be addressed through the purposeful construction of the workshop and in a way that centres neurodiversity and is shared through multimodal means. Future priority areas will be discussed to better support youth on the Autism spectrum during this important time of their life.

1:00 pm - 2:00 pm

Material Matters: The Substance and Design of Seating Components

Brenlee Mogul-Rotman, OT Reg (Ont.)

This session will outline the advantages and limitations of seating solutions based upon scientific principles, design factors and how the materials choices are applied clinically to address the clients' needs. Specific attention will focus on how client movement throughout the day, changes in posture over time, and clinical and best practice guidelines can impact the seating and positioning component decision-making process. By the end of the presentation, participants will be able to state at least 2 types of forces applied to a body depending on the type of material and design of a cushion and recognize clinical significance of applied forces to the body related to the design and materials used in construction of seating components. They will also articulate 3 types of changes in client condition/function and how to optimize outcomes through seating materials and design selection and predict 3 aspects of how to apply clinical/best practice guidelines to achieve optimal pressure management and positioning outcomes with seating components.

Questions? Email us at osot@osot.on.ca



Thursday, November 4 Continued

1:00 pm - 2:30 pm

What's the New Ontario Autism Program (OAP) All About?

Debra Kennedy, OT Reg (Ont.)

Participants in this session will become aware of the new service streams in the OAP and how occupational therapists can participate and support Autistic children and their families. The session will provide an update on the status of new program streams - Family Foundational Services, Care-giver Mediated Early Years Programs, Entry to School, Urgent Services and Core Clinical Services. It will also focus on Core Clinical Services and the Determination of Needs Process that identifies funding allocations for families of children and youth with Autism and provide an opportunity for OTs to network and share their knowledge and experiences with each of the program streams.

1:00 pm - 4:00 pm

Financial Considerations for OTs in the Private (Auto) Sector

Hazel Wood, OT Reg (Ont.), Sarah Macrae, OT Reg (Ont.) and Maria Stella Puopolo, OT Reg (Ont.)

OTs working in the Private (Auto) Sector face unique financial challenges. The Financial Services Commission of Ontario (FSCO) has not updated the Professional Services Guideline since 2014; and that Guideline only provided minimal fee increases. Furthermore, as IE companies compete for market share, they drive fees down even more. Operating costs have also increased with inflation (e.g., petroleum, office expenses, cell, etc.). This session aims to empower OTs to recognize their true worth, how to negotiate fees, and explore the future cost of care.

Approved for 3.0 CEU credits for CLCP/CCLCP.



Thursday, November 4 Continued 2:15 pm - 3:15 pm

How Do People Actually Use Their Manual Wheelchairs, and What Really Matters?

Deborah Pucci, PT, MPT

This session will examine the real-world behaviours of manual wheelchair users and discuss the mechanical principles and factors that affect propulsion efficiency. By the end of the presentation, participants will be able to cite 2 examples of how end users move about in wheelchairs during everyday life and describe 3 component selections that impact propulsion efficiency of a manual wheelchair. Participants will be able to describe 3 physical principles that impact propulsion efficiency of a manual wheelchair and list 3 locations or components on a manual wheelchair where manufacturers have attempted to reduce the transmission of whole-body vibration to the user.

3:30 pm - 4:30 pm

Outcomes and Outcome Measures in Seating and Mobility

Sheilagh Sherman, BA, BHScOT, MHM, OT Reg. (Ont.)

How does your practice measure up? What outcomes or outcome measures are Canadian occupational therapists currently using in their seating and mobility practice? What are the key considerations in selecting outcomes or outcome measures? Which outcome measures should be used to answer important clinical questions? This session answers these questions and more to support evidence-informed practice in seating and mobility.

Session recordings will be available until January 5, 2022



Friday, November 5 Workshops

9:00 am - 10:30 am

"Has There Been a Change?": Early Identification of Functional Decline in Older Adults

Dana Corsi, MScHQ, OT Reg. (Ont.)

It is common for older adults accessing healthcare across the continuum to experience functional changes as a result of an acute illness or accumulation of deficits over time. Participants will learn and apply a pragmatic approach to early identification of functional decline that can be used across the continuum of care. Participants will understand key considerations for implementing an approach to early identification of functional decline in older adults, with a focus on baseline functional status and restorative potential.

Virtual Supervision of OT Students: A Brave New World!

Anne Hunt, PhD, OT Reg. (Ont.) and Shone Joos, OT Reg. (Ont.)

This session will be of interest to clinicians who are considering taking on a student in a virtual practice setting and those who may have already engaged in virtual supervision. The session will cover current best practices in virtual supervision and describe strategies and share resources to support virtual supervision. A case study of a successful virtual student supervision experience will be discussed.

Supporting Individuals Who Experience Homelessness: A Call to Occupational Therapy

Carrie Anne Marshall, PhD, OT Reg. (Ont.), Rebecca Gewurtz, PhD, OT Reg. (Ont.), Julia Holmes, OT Reg. (Ont.), Corinna Easton, OT Reg. (Ont.), PhD Student

As homelessness continues to grow in high-income countries internationally, an increasing number of occupational therapists are supporting individuals who experience homelessness in direct and indirect roles. This workshop will provide a summary of practices and research related to occupational therapy and homelessness across Canada and the Bridging the Transition Framework, a framework aimed at guiding the practice of occupational therapists across the trajectory of unhoused to housing. The session will build on this knowledge by engaging participants in discussions about how practice and research innovations in occupational therapy may fill gaps in existing supports in Ontario and beyond using an occupational lens.



Friday, November 5 Continued

10:45 am - 12:15 pm

Meaningful Connections in the Time of COVID: How OTs Can Use the Guide to Virtual Creative Engagement for Older Adults (VCE Guide) To Battle Geriatric Isolation

Simonne Cumberbatch, OT Reg. (Ont.)

This session will introduce the participants to the newly created VCE Guide and how to best utilize this tool to promote and encourage the use of meaningful virtual programming and resources as a manner to improve quality of life and decrease the negative effects of isolation within homebound seniors. This session will highlight the devastating emotional, cognitive and physical effects of senior isolation and explore why OT professionals can be at the forefront of making positive change.

OT and Vision Loss: Enhancing Accessibility in Your Practice

Julia Foster, OT Reg. (Ont.), Linda (Zhiao) Li, OT Reg. (Ont.), Low Vision Therapist in Training, and Linda Petty, OT Reg. (Ont.)

This session will provide an overview of visual conditions and visual function and its impact on occupation across the lifespan, as well as general principles and accessibility strategies that generalist occupational therapists can apply to increase the accessibility of their services in support of clients with blindness and vision loss. Presenters will provide an overview of the diverse OT role in vision rehabilitation in Ontario and the range of collaboration needed for successful outcomes. Breakout rooms will be used for discussion activities, handouts will include resources, and educational supports for OTs.

Mental Health as the Next Pandemic Wave: Implications and Opportunities for Occupational Therapists

Sandra Moll, PhD, OT Reg. (Ont.), Jennifer Siemon, OT Reg. (Ont.), Emma Bruce, OT Reg. (Ont.), and Abby Gartland, Student OT

The COVID-19 pandemic and associated lockdowns have had an impact on the mental health and well-being of all Canadians; however, some communities have experienced more hardship than others. Workshop participants will have an opportunity to explore issues faced by groups of children/youth and their families, students, frontline workers, and older adults. OT leaders in each sector will facilitate breakout room discussions regarding the role of OT within different practice areas, considering both individual and system level tools to lead practice and policy change. Bring your insights on OT as an essential service!

Connect with other OTs!



Friday, November 5 Continued

1:00 pm - 2:30 pm

Engaging Patients and Caregivers in Care, Planning, and Quality Improvement Initiatives for Older Adults

Kelly McIntyre Muddle, OT Reg. (Ont.)

Engaging caregivers in clinical care is a key part of providing patient and family centered care and planning and quality improvement. This session will include a review of the evidence regarding the importance of engaging older adults and caregivers in clinical care, planning, and quality improvement. It will also provide an overview of these benefits and will include real-life examples of the impact of caregiver engagement and strategies for engagement success.

Community Self-Management Programs Focusing on Chronic Conditions and Chronic Pain

Marika Paquin, OT Reg. (Ont.), Psychotherapist

This session will explore the group programs developed by the Self-Management Resource Center (SMRC). The 6-week workshops were developed for the clients, caregivers, family, friends, and health practitioners and are administrated by the Home and Community Care Support Services (formerly Local Health Integrated Network (LHINs) in Ontario). Learn how clients can benefit from these programs and how occupational therapists can become effective facilitators for these programs in the community and workplace.

Join OSOT today and save up to \$75 on conference registration!



General Information

Privacy Statement

Registration information is collected to process registrations and payments for educational events and correspond with registered participants

Participants names will be visible on the conference platform and exhibitors and/or delegates may privately message you on the event platform.

Consent to Photograph

Registration and attendance at OSOT's Virtual Conference 2021 constitutes consent for the Ontario Society of Occupational Therapists to use registrant's unidentified image in photographs that may be shared with the public. To opt out of photographs, please keep your webcam off.

Substitution Policy

Changes in conference registration can be sent to osot@osot.on.ca no later than October 22, 2021. OSOT cannot guarantee accommodation of substitution requests.

Registration Details

Your full conference fees include the opening keynote, awards ceremony, workshop registration, presentation materials, exhibit hall, and unlimited workshop recordings until January 5, 2022.

Individual one-day registration is also available. You will receive access to all sessions on the day you register ONLY and their recordings until January 5, 2022.

Awards and Recognition Ceremony is complimentary to all OSOT members even if you do not register for conference events.

Cancellation Policy

Cancellations will be refunded less \$25.00 administration fee with notice of cancellation sent to osot@osot.on.ca no later than October 29, 2021. OSOT reserves the right to cancel this conference and/or workshop(s) due to unforeseen circumstances and will be responsible for refunding conference registration fees only.

Conference Rates

Included in the full conference package: 26 workshops, opening keynote presentation, Awards and Recognition Ceremony, Exhibit Hall, and access to all session recordings until January 5, 2022.

Wish to attend for one day only? Select the "Pay Per Day" option. You will receive access to all of the sessions presented on the selected day, exhibit hall, and access to recordings until January 5, 2022.

	Registe	er Now	
Full Conference	<u>.</u>		
Early Bird Deadline October 20		Regular After October 20	
OSOT Members	\$195	OSOT Members	\$245
Non-members*	\$270	Non-members*	\$320
Student/New Graduate Members**	\$105	Student/New Graduate Members**	\$155
Pay Per Day			
Early Bird Deadline Octob	er 20	Regular After October 20	
OSOT Members	\$100	OSOT Members	\$150
Non-members*	\$145	Non-members*	\$195
Group Rate			
Early Bird Deadline October 20		Regular After October 20	
5 delegates from same facility	\$875	5 delegates from same facility	\$1,125
10 delegates from same facility	\$1,850	10 delegates from same facility	\$2,350
New Grad Night Only			
Student/New Graduate Members**	\$15***	Conference fees are in Canadian dollars <mark> </mark> 13% HST wi	ll be applied

Not an OSOT member? Join today and SAVE on membership and conference fees.

Join Today!

*Join OSOT today and save up to \$75 on conference registration! First time members receives a 50% discount on membership. **Student and New Graduate Membership is complimentary.

*** New Grad Night admission is included when registering for the full conference.